



Contra Costa County Community Resource Guide

About Us

The National Center for Youth Law envisions a future where each and every young person in foster care, experiencing homelessness, or under the jurisdiction of probation, graduates from high school with a wide array of possibilities for their future. We join in solidarity with a growing movement across the country to ensure equitable opportunities and outcomes for ALL young people.

To achieve this shared vision, it is imperative that leaders from multiple public systems – child welfare, education, mental health, probation, judicial agencies, and the rich landscape of community organizations – band together with persistence and collaboration to build the conditions under which:

- **Children and youth** are engaged in learning, empowered to create futures they are excited about, and have champions in their corner for the long run.
- **Parents, family members, mentors, and other trusted adults** are fully invested in their role as education champions and are consistently and meaningfully supported.
- **System and community leaders** collaborate deeply on a shared vision that lifts up the voices of young people and helps realize equitable opportunities and outcomes for all students.
- **Professionals** working directly with young people in support of their education are appreciated, supported, and connected with one another.

Using this Resource Guide

In support of this vision, we have compiled a Community Resource Guide of available programming and services for young people in Contra Costa County. This guide can be utilized by community members or service providers to connect young people, especially those in foster care, with programs, services, and other community resources. Resources are categorized by type and may appear more than once throughout the Community Resource Guide, in each of the relevant service categories.

Recognizing the fluidity in available programming and services, this Community Resource Guide will exist electronically and can be continually updated for ongoing accuracy.



Organization & Program Descriptions

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ORGANIZATION	PROGRAM	DESCRIPTION
America's College Fund for Foster Youth	Foster Care to Success Scholarship Program	Up to \$5,000 annually in scholarships to eligible foster youth across the county.
Assistance League of Diablo Valley	Foster Youth Scholarships and Supplies	On My Way Bags for emancipating foster youth; Receiving Center Backpacks; Senior Year Sponsorships; College Scholarships
Bay Area Addiction Research and Treatment (BAART)	Antioch	Medication-assisted drug treatment program. Services include: methadone maintenance, methadone detoxification, buprenorphine maintenance, individual counseling, group therapy (coming soon), integrated primary healthcare, HIV/HCV screening, case management, coordinated pregnancy treatment, addiction education, and relapse prevention.
	Richmond	Medication-assisted drug treatment program. Services include: methadone maintenance, methadone detoxification, buprenorphine maintenance, individualized substance use disorder counseling, addiction education, relapse prevention, primary healthcare, case management, and coordinated treatment during pregnancy.
Bay Area Community Resources (BACR)	Hand to Hand Home Visiting Collaborative	No cost home/office based services to pregnant women and women with infants up to age four months.
	CoCoLeadPlus	Multi-systems diversion program for adult residents in Antioch who come in contact with law enforcement. A number of different groups addressing addiction, trauma, stress and anger. CBS provides groups daily, including evenings and weekends, specific groups target Spanish speaking and gender specific populations.
	East-Bay School Based Counseling	Offers individual and group counseling for elementary, middle and high school youth. Also provides: training and support for peer conflict managers at school site; crisis support and consultation to schools; family counseling, parent education and case management; program development assistance to schools.
	West County First Five Center	Free programs focus on parent education, early learning opportunities, family literacy, and tobacco education. Classes are for children ages 0-5 and their parents/caregivers to participate in together. For parenting classes, free childcare is offered.
	Gateway Services	Outpatient treatment program for clients from Contra Costa County. Group and individual counseling are provided, as well as drug testing and referral.
Bay Area Community Services (BACS)	Thunder Road (Outpatient or Residential)	Adolescent Drug Treatment Services use targeted interventions, making sure that youth who need help have a community of support. Prioritizes wellness and recovery, using a harm-reduction and person-centered philosophy to guide our services. Services include short-term residential treatment, a full range of outpatient services, an on-site high school, and an innovative Culinary Arts Institute, which allows clients to earn high school credits as they receive vocational training.
Bay Area Creative		Employs the art form of spoken word poetry to provide insightfully innovative writing and film making residencies for students, team building workshops for companies, professional development for teachers, and therapeutic arts work for community health. Partners with: Digital Storytellers, ReVisions, Culture Crossroads, Educators for Empathy, Sparc.
Bay Area Crisis Nursery		Free, confidential and voluntary residential care facility for children ages birth through 11 years. The facility provides care for children when their parents are experiencing a crisis or a stressful situation. The Nursery provides food, clothing, and loving care. Open 24/7.

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	Respite care	Free, confidential and voluntary residential care facility for children ages birth through 11 years. The facility provides care for children when their parents are experiencing a crisis or a stressful situation. The Nursery provides food, clothing, and loving care. Open 24/7.
Bay Area Legal Aid		Provides meaningful access to the civil justice system through quality legal assistance regardless of a client's location, language or disability. Many Bay Area Legal Aid lawyers support foster youth and are versed in legal advocacy within the care system.
Bay Area Rescue Mission	Emergency Shelter	Helps meet the basic needs of hurting and homeless men, women, and children in the Bay Area with food and a clean, safe place to sleep. Services include: Dinner and Chapel: Every night at 6pm. Shelter: Single Men arrive at 6pm to receive shelter and more. Shelter: Single Women & Women with children call (510) 215-4860 for shelter-bed availability (195 beds, 30 emergency).
	Transitional Living	12-month stay-in transitional housing so that individuals can obtain employment, accumulate funds to venture out on their own, and establish healthy life patterns under the supervision of Rescue Mission staff. Services include: financial management training, job skills training, individual and group meetings, and counseling and spiritual guidance.
	Youth Outreach	Works to prevent homelessness by giving children and teenagers from inner-city schools the academic, emotional and spiritual resources they need to succeed. Provides a safe place to support students in their academic success, physical, social and psychological development and to encourage them to set goals which will assist them in becoming positive contributors to their communities.
	Mobile Outreach	Travels twice a week to visit the chronic homeless in parks and encampments throughout the Greater San Francisco Bay Area. Equipped with food packs, water bottles, hygiene kits, warm clothing, blankets, and Coupons for Care which include maps to the Rescue Mission.
	Discipleship programs	Designed to show the pathway to restoration and hope, identifying destructive behavior while equipping clients with the necessary resources to establish independent lives of self-sufficiency and self-determination. Services include: skills to break drug and alcohol dependence, job skills training and vocational classes, education and GED certification with local community colleges, counseling and spiritual guidance, computer training, Biblical training, life management skills household management skills, and job placement.
Beyond Emancipation (B:E)		B:E offers a range of services to support current and former foster youth in their transition to living as independent adults including: employment programs, Transitional Housing, educational support, and transition services. They also work in partnership with Alameda County ILSP and the Peralta Colleges.
Boys and Girls Club	Boys & Girls Club of El Sobrante West Contra Costa Salesian Boys & Girls Club, Inc.	Programming includes after school, summer camp, sports and recreation, health and wellness, career development, character and leadership, education, and mentoring.
Brighter Beginnings	Family Health Clinics	Affordable family healthcare to individuals and families who need it most. Services include primary care, mental health services, and parenting support and education for pediatric, teen, and adult patients. Onsite access to complementary social services.

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CalWorks		California Work Opportunity & Responsibility to Kids (CalWORKS) is a welfare program that gives cash aid and services to eligible needy California families. If a family has little or no cash and needs housing, food, utilities, clothing or medical care, they may be eligible to receive immediate short-term help. Families that apply and qualify for ongoing assistance will receive money each month to help pay for housing, food and other necessities.
California Youth Connection (CYC)		Youth-led advocacy organization that provides transformative experience for current and former foster youth who in turn transform the foster care system through targeted legislative and policy advocacy. As members of the CYC, youth have an opportunity to participate in the Summer Leadership and the Day at the Capitol annual conferences.
Catholic Charities	Immigration Legal Services	Low-cost immigration services provided by representatives accredited by the Board of Immigration Appeals, and licensed immigration attorneys.
	Path2	The Path2 Program provides intensive home-based case management and clinical services to strengthen Contra Costa County families and keep children and young people safely in their homes.
Community Violence Solutions	Formerly Rape Crisis	Provides intervention, treatment, and prevention services for adults, teens, and children who have experienced sexual assault and interpersonal violence in Contra Costa. Services include 24/7 crisis support, advocacy, medical accompaniment, age-appropriate forensic interviews, non-acute medical exams, professional supervised visitation and custody exchange services, and school (K-12) and community-based workshops addressing violence prevention, skill building, and bystander intervention.
Contra Costa Behavioral Health Services	Alcohol and Other Drug Services	Outpatient services, intensive outpatient treatment, residential treatment, withdrawal management - detoxification, and medication assisted treatment.
Contra Costa College	Early Learning Center (childcare)	Nurturing and enriched learning environment to support the optimal development of children in the community, as well as those of college faculty, staff and students. Provides Montessori and traditional curriculum, led by highly trained, multilingual and diverse staff. Also offers convenient hours and reasonable rates.
	Wellness	Free, confidential individual and/or specialized group therapy located on campus.
	Tutoring	Drop-in tutoring, booked appointments, online access, and Peer-Led Team Learning (PLTL) in select classes. Online tutoring is available through Canvas for ENGL-875N and MATH-875N tutoring courses (must be registered to access the course, and sign in through the Insite Portal).
	Foster Youth Services	Help completing the college application, assistance applying for financial aid, CHAFEE grants and scholarships, on-campus employment, academic advising, tutoring, priority registration.
	Foster/Kinship Care Education Program	Continuing education program for foster/kinship caregivers.
Contra Costa Crisis Center	Grief Counseling Program	Individual and group counseling to youths and adults mourning a death. All counseling is free and confidential. Preregistration is required. Contact the grief counseling program to enroll in the next session of support group at 211 or grief@crisis-center.org .
	Help Me Grow	Systems approach for supporting families and the optimal development of their children ages 0-5. Help Me Grow system partners provide information and resources to help families and providers learn about child development, developmental screening, and supporting centralized access to resources in the community (online database of resources).

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	211 Info and Referral	The authorized 211 provided for Contra Costa County. Trained information and referral specialists answer calls using the 211 database. This database has comprehensive, up-to-date information on 1,600 services, is accessible in 12 languages, and is available to everyone in the community free of charge. Also publishes specialized resource guides of essential services in both English and Spanish (online).
Contra Costa Health Services		Health Centers and Public Health Clinics with 24-Hour Emergency Services.
	Behavioral Health Services	Comprehensive and welcoming, integrated services for mental health, substance abuse, homelessness and other needs that promote wellness, recovery, and resiliency while respecting the complexity and diversity of the people served. First Hope CCHS program provides early identification and intervention for psychosis. 24/7 Psychiatric Emergency Services for MH crisis response (1-888-678-7277).
Contra Costa Independent Living Skills Program (a division of Child and Family Services)	Discovery Unit	Help looking for case related documents such as court reports.
	Independent Living Skills Program	ILSP provides case management and life skills support to transition aged youth in foster care. Weekly life skills workshops in the areas of education, employment, housing, health, budgeting, cooking, and more. (Youth are paid a stipend for attending classes.) Community events include conferences, celebrations, Fall Retreat and Winter Ski Trip. ILSP Site offers a Computer Lab, Pantry and Closet, Library and Classroom, Kitchen, and staff offices. ILSP service categories include: needs assessment; mentoring; education, post-secondary, financial assistance; career/job guidance; employment/vocational/training; money management; consumer skills; health care, room and board financial assistance; transitional housing, housing options/location/THPP; home management; parenting skills; interpersonal/social skills; other financial assistance; transportation; and stipends and incentives.
Contra Costa Youth Crisis Line	800-833-2900	24/7 Crisis Support in Contra Costa County.
Covenant House	YEAH! Youth Engagement, Advocacy and Housing (Youth Emergency Assistance Hostel)	Supports young adults in Berkeley who are currently homeless. Provides basic necessities, offer case management and counseling, linkages to education, employment and housing, and opportunities for meaningful community involvement. Doors open at 8am, but youth should show up by 7:30am to reserve a space. Shelter: The shelter is staffed each night by 2 trained supervisors and a team of volunteers. Youth in the program are served a hot dinner and breakfast in the morning. They sleep on mats with fresh sheets. Clean socks and underwear are provided when available. They have access to a shower nightly. Clinical Day Program: Through the Clinical Day Program, YEAH! provides intensive case management and counseling to a select group. Participants meet regularly with a trained clinician. Together they set goals and chart a path to their preferred lives. Youth are helped to find employment, to secure permanent, affordable housing, to return to (or stay in) school, and to learn to utilize community resources.

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Crestwood	Bridge Program	Adult residential program for substance use recovery with a focus on individual skill building, development of support networks, and preparation for more independent living. Capacity of 64 adults with an average stay of 3 years.
	Pathway Program	Provides psychosocial rehabilitation for 16 clients who have had little, if any, previous mental health treatment. The program provides intensive skills training to promote independent living. Many clients complete their high school requirements, enroll in college or are participating in competitive employment by the end of treatment.
CSU East Bay Concord	Student Center for Academic Achievement	Free tutoring for math, writing, and statistics and other student learning services and programs (includes group tutoring, peer tutoring, and various other forms).
	Pioneers for HOPE (Helping Our Pioneers Excel)	Includes wide-ranging efforts to immediately serve some of the most-at risk students facing homelessness, food insecurity, and other various crisis situations. Services include food pantry and emergency assistance.
	Renaissance Scholars Program	Academic, career, and financial aid advising; Workshops, activities and field trips; Assistance with purchasing books (for those with financial need); Priority registration; Loaner textbook library; Mentor and mentee opportunities; Counseling referrals; Loaner laptops; Leadership development; Priority for on-campus housing (NOTE: Foster youth are given priority for a space in on-campus housing and are responsible for applicable fees).
Department of Rehabilitation (DOR)		Employment and independent living resource for people with disabilities, including students. Services include: job exploration, post-secondary counseling, skills for work, self-advocacy, work experiences, vocational rehabilitative program (Counseling & Guidance, Assistive Technology, Job Skills Training, College Tuition & Supplies, Training in Independent Living Skills, Job Placement, Benefits Counseling, Job Coaching).
Diablo Valley College	FYSI (Foster Youth Success Initiative) and START (Student Transition and Academic Retention Team)	Support with enrollment, registration, financial aid, ed planning, course selection, etc. Referrals to on/off campus resources, workshops, community building and celebrations. Access to John Burton Foundation's book fund (while supplies last) Also provide tours/info sessions for prospective students in foster care.
	Wellness	Free, confidential individual and/or specialized group therapy conveniently located on campus.
	Foster/Kinship Care Education Program	Continuing education program for foster/kinship caregivers.
East Bay Center for Performing Arts		Various free programs (after school, in school, professional development, etc.) aimed at increasing exposure and engagement in the arts.
East Bay Works		Partnership of public, non-profit and private organizations that provides free services to help find employment. Services include: tutoring and instruction towards high school completion; occupational skills training towards postsecondary credentials; paid and unpaid work experiences (summer and year-round employment, on-the-job training, pre-apprenticeship, internships); exposure to in-demand industries; career exploration; leadership development; supportive services; adult mentoring.
Employment and Human Services Department (EHSD)	Applan House	Six bed transitional living program for youth ages 18-21 who are homeless or exiting the foster care system. Over the course of the 18 month program, each youth participates in the creation of a personalized Individual Development Plan (IDP) with his or her case manager. Independent living skills, such as money management, employment search, nutrition, and interpersonal life skills workshops are offered and included in each youth's IDP.

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Employment and Human Services Department (EHSD)	Bissell Cottages	24-month transitional living program for homeless youth ages 18-24, including those exiting foster care, who need mental health services and support as they transition into adulthood. Residents receive guidance and support from a personal coordination team that prepares each youth in their movement towards greater self-sufficiency.
Environmental Alternatives		Considered to be a more independent placement and many CWW's require youth to have completed high school before applying. Programs Include: Transitional Housing Program/Foster Care (open to ages 18-21); Transitional Housing Program Plus (ages 18-24); Traditional Transitional Housing Program (ages 16-18). Services include: job preparation; health and nutrition; budgeting and banking; parenting education; life skills; connection to mental health.
Familias Unidas		Familias Unidas exists to improve wellness and self-sufficiency in Latino and other communities. This is accomplished by delivering quality mental health counseling, service advocacy, and information/referral services. Programs include: mental health, education and prevention, youth development, and adult wrap-around services.
	Socorro - Information and Referral Services	Information and referral assistance to individuals who are experiencing difficulties obtaining adequate social support services. The information provided is culturally and linguistically appropriate and is provided over the phone, in person, or through the distribution of bi-lingual self-help directories.
	Youth Development	Offers a range of programs for young people in East and West Contra Costa County to promote healthy pro-social behaviors that will lead to a healthy productive adulthood. Health education school-based programs include after-school programs, peer education, teen pregnancy prevention for individuals, psycho-education support groups, and case management.
First 5		Services related to child development, play groups, mental health, child care quality, home visiting, Triple P, special needs, regional groups, financial literacy, advocacy and referrals, immigrant resources.
Foster a Dream	Achieve, Believe, and Dream programs	Achieve: Programs and opportunities including 2-week summer program for youth leaving care. Also provides scholarships and mentoring. Believe: Collaboration with Sleep Train and other community supporters help us to provide new basic need items, such as clothing and school supplies. Dream: Provides holiday/special event celebrations and support access to sports, cheerleading, music lessons, summer camps, and proms to provide childhood memories that inspire adulthood dreams.
Foster Club	All-Star Internship Program	Interns receive leadership training, help improve outcomes for foster youth transitioning out of care, educate peers and industry professionals, and change public perceptions about foster youth across the nation at conferences and events all summer long.

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Fred Finch Youth Center		Fred Finch Youth Center is an Oakland based agency with diverse mental health programming for young people. Below are their Mental Health programs in CCC.
	CCTAY	Supports West Contra Costa (Concord/Martinez included) youth in achieving their recovery oriented goals, obtaining and stabilizing in housing, and building self-sufficiency skills to help them function in the community.
	East Bay Wrap	Family-centered, community based program designed to strengthen the family via developing action plans and access to resources, while simultaneously treating the youth participant through counseling, assistance with medications and re-building natural community supports.
	New Yosemite	Crisis stabilization and assessment program for youth with developmental disabilities and/or autism. Joint venture between Fred Finch Youth Center and Regional Center of the East Bay (RCEB). RCEB referrals for youth ages 8-18 only.
Gender Spectrum		Provides education, resources and support to help create a gender sensitive and inclusive environment for all children and teens. Services include: school trainings, parent support groups and consultations, annual Family Conference, and work with medical and mental health care providers, social service agencies, and others working with families and kids. Some Spanish available.
Girls Inc. of West CCC		Girls Inc. offers summer camps, community events, and workshops aimed at developing the motivation and practical skills for girls to take charge of their health today and throughout their lives. Programming includes: Operations SMART (STEM exposure), Economic Literacy, Media Literacy, Friendly PEERsuasion (substance avoidance), College Bound Girls, and PAP (Preventing Adolescent Pregnancy).
Greater Richmond Inter-Faith Program (GRIP)		Services include: intensive case management; multi-disciplinary case management team; housing navigator (identifies and provides the best housing options, while eliminating the barriers to attain housing); families in transitions specialists (provides intensive case management for identified homeless youth and their families); mental health professional and alcohol and other drug counselor; alcohol and other drug services and referrals; and brokerage/linkages to community based programs.
Honoring Emancipated Youth (HEY!) & TAYSF	HEY SF	HEY identifies and raises awareness around challenges affecting local current and former foster youth by bringing together a diversity of expert voices and experiences, including those of former foster youth, service providers, and other supporters, in finding solutions.
iFoster	TAY resources and jobs program	Online resource portal with free/cheap resources (educational, employment, health, recreational, and daily living products, services and opportunities kids in foster care and young people aging out of care), can be accessed online 24/7 or by calling 1-855-936-7837. TAY Assistant and Digital Locker for Transition-Age Youth: online personal assistant that helps transition-age youth (ages 16 to 24) manage their life. Allows them to store documents in a safe place, find resources, apply for programs, and keep track of it all. Jobs for Transition-Age Youth: trains and supports transition-age youth (age 16 to 24) to earn competitive, liveable wage jobs with career paths; provides opportunities for part-time and full-time jobs that come with benefits, scholarships and tuition reimbursement for post-secondary education, and career advancement. Employer partners include Fortune 500 and regional companies in grocery, health care, hospitality and leisure, retail, supply chain logistics, manufacturing, government, and sports and recreation.

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Ivy League Connection		Privately financed scholarship program designed to promote the college going culture in the high schools of the West Contra Costa Unified School District in the San Francisco Bay Area. Includes summer programs at Ivy League Schools.
JR's North Star Inc	Residential Treatment	Residential care program for adolescent boys.
Juma Ventures		Juma Provides part-time employment at one of Juma's concession businesses in a major sporting venue; job skills training; Individual Development Account for college savings; financial guidance; funds to match youths' college savings; college and career tours; college application and financial aid help; 1:1 mentorship; tutoring and SAT preparation; support through college completion.
Kinship Care Program		The Kinship Care program provides support services to caregivers caring for related children so that children can remain with their extended families and avoid placement in the foster care system. Kinship services are free and available countywide, through 23 centers in Pittsburg, Concord, and Richmond. Services include respite care, therapeutic support groups, educational forums, tutoring for children, case management, recreational activities for caregivers and youth, limited emergency assistance, and legal services.
La Cheim	Licensed Community Mental Health Center	Licensed Community Mental Health Center (CMHC) in Oakland, California providing a range of services for children, adolescents, and adults who live in surrounding communities. La Cheim also offers intensive services including day treatment, residential services, non-public school, and therapeutic behavioral services.
	Residential Treatment	La Cheim's Residential Treatment Center, Browning House, provides a safe and nurturing environment for emotionally disturbed youth. Clinical staff facilitates daily groups and activities that are designed to enhance social, emotional and behavioral skills in support of each resident's treatment plan, happiness and future goals.
Lao Family Community Development		Assists diverse refugee, immigrant, limited English, and low-income U.S. born community members in achieving long-term financial and social self-sufficiency. Services include: Employment and Workforce Services for Adults; Youth Leadership, Education, and Career Development (Only in Oakland/Sacramento); Asset Development including Housing Counseling and Foreclosure intervention, Financial Education, IDA Savings accounts, and Income Support; Family Strengthening and Support Services; and Affordable Housing and Neighborhood Economic Development.
Larkin Street Youth Services	Diamond Youth Shelter	Emergency shelter services.
	Lark-Inn Youth Shelter	Emergency shelter services for youth ages 18-24.
	Engagement and Community Center	Drop-in center for youth. Services include: Showers, meals, lockers, laundry, clothing, hygiene supplies, computer/web access, life skills groups and special events, education and employment programs, medical care including free and confidential HIV testing, case management, individual and group counseling.
	Haight Street Referral Center	Drop-in center for youth. Services include: meals, hygiene supplies, peer groups, case management, individual and group counseling, referrals.
	The Michael Baxter Youth Clinic	Comprehensive primary care, sexual health services, confidential HIV prevention and testing and more for youth.
	Supportive Housing program	Offers a continuum of housing options – from dorm-style living with 24-hour on-site staff, to independent apartments in the community. All programs have case managers to help youth plan for the future, education and employment support, health and wellness services, and fun community activities.

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	Larkin Street Academy	Offers a variety of classes providing job readiness, college readiness, computer classes, job placement and retention, internships, tutoring, GED tutoring and classes, secondary and post-secondary school enrollment and support, mindfulness, visual and performing arts.
Law Foundation of Silicon Valley	Legal Advocates for Children and Youth	LACY advances the legal rights of children and youth, empowering them to lead healthy and productive lives. Services include: Free and confidential legal assistance to children and youth in juvenile dependency, family law, probate guardianship, education matters and numerous other practice areas; advocacy to improve court and community systems designed to protect and promote child welfare; and workshops to educate youth, parents, caregivers and members of the community about issues impacting child welfare and legal rights.
Los Medanos College	Foster Youth Success Team	Support services include enrollment/matriculation assistance, financial aid application completion, campus orientation/ tours, student service referrals, and dedicated academic counseling for foster youth.
	Wellness	Free, confidential individual and/or specialized group therapy conveniently located on campus.
	Center for Academic Support	Reading/writing consulting, peer tutoring, office hours, computer lab, ELMS/ESL tutoring, math lab.
	Food Pantry	Department-run food pantry that provides food for LMC students.
	Childcare	Child Study Center that serves as both a learning laboratory for Child Development majors and also as a child care center for LMC students, faculty, and staff.
	Foster/Kinship Care Education Program	Continuing education program for foster/kinship caregivers.
Lutheran Social Service	Mi Casa	Transitional housing program for former foster youth between the ages of 18-24. Services include: case management; housing assistance; employment; education; counseling and support; advocacy and community service training; mentoring and community connections.
Lyric	LGBTQ Youth Wellness	Lyric is a SF based LGBTQ youth services organization. They offer case management services including: legal name change; gender change documentation; housing applications; job search assistance; budgeting; school enrollment; counseling referrals; connection to HIV/STI testing and treatment.
NAMI (National Alliance on Mental Illness)	NAMI Contra Costa County	NAMI provides support, outreach, education and advocacy to individuals living with and families affected by mental illness. Seminar and support topics include: Mental Health Crash Course, Family-to-Family, Peer-to-Peer, NAMI Basics, NAMI Mandarin, NAMI Espanol.
Next Steps Collaborative	Alameda County THP+FC (18-21) and THP+ (21-25)	Applicants are assigned to one of the participating Transitional Housing Programs based on fit and availability. Depending on which program a youth is accepted to, services include weekly case management, psychotherapy, group skills building/therapy options, and sometimes on-site staff. Beyond Emancipation Host Housing and Community Housing First Place for Youth Abode Services Project Independence Rising Oaks (Fred Finch) A Better Way Side By Side (formerly BAYC)

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Opportunity Junction		Helps low-income Contra Costa residents get and keep good jobs by providing training, support, experience, and employer introductions. Core Programs specifically for job seekers include: Job Training and Placement Program (administrative careers), Road Map to College (accessing college Career Technical Education), Career Counseling and Placement Assistance (individualized), Additional Programs to Serve Low-Income Residents: Technology Center (including computer and ESL classes) and Do-It-Yourself Tax Assistance.
Pacific Center	LGBTQ Wellness	The Pacific Center provides individual, couples, and family mental health services, HIV counseling services, peer-support groups, and youth leadership program for LGBTQ individuals and their loved ones.
Phillips Academy	Non-Public School	Phillips Academy provides a calm, safe, and therapeutic environment for students with depression, anxiety, or other mood related disorders, for students with specific learning disabilities, for those with Asperger's disorder or high functioning autism, and for those with ADHD or other learning challenges. The Academy offers both Middle and High School Programs.
Rainbow Community Center	LGBTQ Youth Wellness	Designed to promote self-acceptance and a positive self-identity for all LGBTQ+ youth. Provides education; develops leadership; promotes activism; and encourages socialization in a safe-space for LGBTQ+, questioning, and ally youth. Rainbow Youth Groups include scheduled guest speakers, presentations, special projects, workshops, and discussions. They are always facilitated by Youth Outreach Counselors who are trained to hold a fun and safe space. Individual mentoring and non-binary services also available.
REACH Project		Outpatient substance abuse treatment. Treatment length is typically 6 months. Clients receive a complete intake evaluation with a counselor. Prior to admission, drug and alcohol testing is required (cost is \$25). Weekly treatment includes 1-3 group therapy sessions. Individual counseling can be scheduled according to client's needs. Group topics include substance abuse, stress management and relapse prevention. The groups are co-ed and range between 4-15 clients per session, with 6 licensed counselors on staff. Treatment includes a psychoeducational group approach, along with talk therapy. Topics include stress management, recovery concepts, peer pressure, developing refusal skills and substance abuse education. A 12-step based protocol is implemented and clients are required to attend a minimum of 3 weekly AA/NA meetings. CC locations: Brentwood, Antioch, Oakley.
Richmond Art Center		Classes, workshops, art camps, school-based partnerships.
Richmond Emergency Food Pantry		Typical donation: fruit juice, tomato sauce, canned and/or fresh vegetables, canned and/or fresh fruit, spaghetti, fresh potatoes, milk, fresh onion, soup, canned salmon or chicken, frozen meat, chicken, or fish, peanut butter, dry cereal, dry beans, rice, bread.
Richmond Native American Health Center	Community Wellness	Provides culturally and spiritually based services including: Native American Cultural support and activities, traditional crafts, cultural events, mental health support, health system navigation, drug and alcohol recovery support, elder support, youth health and fitness, and youth after-school support.
Richmond Promise		Through a college scholarship, collaborative cross-sector partnerships, and supportive programming, the Richmond Promise aims to ensure all students in Richmond excel to and through higher education, reach their career goals, and become change-making leaders in the Richmond community. Includes Near-Peer program at Richmond High School and first year partnership with CC College and other local colleges.

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Richmond WORKS		Connects individuals to workforce opportunities by providing occupational training and job search/placement assistance. YouthWORKS: Provides case managed services to at-risk and in-risk youth ages 16-24. Services are participation based and include: academic support, transportation assistance, cultural enrichment trips, life skills and pre-employment training. RichmondBUILD: Focused on developing talent and skill in the high growth, high wage construction and renewable energy fields. Participants complete the core Carpentry Pre-Apprenticeship track, and then choose from the following electives: Extended Carpentry, Hazardous Waste Removal, Solar Energy, Energy Efficiency, or Electrical Wiring & Theory.
Rubicon		Employment related supports. Equips and empowers participants to develop the economic mobility to move out of poverty. No one service can address the many challenges people living in poverty face – success comes from participation and achievement in four areas: Assets, Income, Wellness, and Connections.
RYSE	Community Center	Programs Include: Education + Justice, Community Health, Career programs, peer groups, tutoring, counseling groups, and more.
	Youth Organizing Internships Richmond Youth Organizing Team (RYOT)	Interns participate in leadership training, explore issues in their communities, develop community organizing skills, and coordinate events to educate their peers. Interns also receive the holistic support services and trainings provided by the other departments at RYSE, and receive academic and career goal setting support. Interns work 8-10 hours per week and receive a \$200 monthly stipend.
	RYOT	For youth interested in organizing and changing policies that negatively affect our communities. Work with a group of peers to create a safe, healthy, and youth-friendly Richmond. Weekly meetings at RYSE (5-7 PM on Tues, Wed, Fri). Identity Group meetings on Thursdays.
	School Campaign Leaders (SCL)	SCL: For youth interested in supporting young voter registration. Work with a group of peers to register young people and collaborate with the community around voter engagement. Weekly meetings at RYSE or on-campus. Meetings consist of voter education and trainings, one-on-one check-ins, and campus outreach.
San Pablo Economic Development Corporation		Free monthly job readiness workshop. Low cost tattoo removal.
Scholarships for Foster Kids	Online scholarship resource	List of scholarships and grants available to foster youth.
Spark Point	Financial Literacy services	Services include 1:1 work with a coach focused on three key elements of financial stability and prosperity: managing credit, increasing income, and building assets.
STAND!	Violence Prevention and Support Services	Committed to promoting safe and strong families, STAND! provides a complete spectrum of prevention, intervention, and treatment programs striving to stop domestic violence and child abuse. Services include: crisis response, peer advocacy, support groups, LGBT specific programming (Stand in Pride), housing, vocational services, domestic violence liaisons, legal advocacy and court accompaniment, individual or group counseling, child assessment and treatment, clinical parenting, strengths based family case management, and youth programming. STAND! also provides services to abusive partners and help for family and friends.
Stride Center		Career training program that prepares students for professional, well-rounded careers in the Information Technology field.

ORGANIZATION	PROGRAM	DESCRIPTION
Trinity Center	Wellness Assistance Program	This outpatient drug and alcohol treatment program is a client-centered, collaborative treatment program that acknowledges each individual as a whole person. Group sessions focus on overcoming substance abuse and other life challenges. Assessments and referrals are made as needed. The program includes process and support groups as well as individual counseling.
Uplift	Transitional Housing Program (THP)	Serves a limited number of adolescent clients who are in the process of emancipating from a foster care program. Provides housing and THPP/THP+FC staff provides supervision and comprehensive services on various life skills (budgeting, job skills, accessing education and health care, household management, etc.) at the client's apartment or in the community.
Vestia	Foster Youth Scholarships	Contra Costa County Foster Youth can receive financial assistance to further their educational goals and enhance their life skills. VESTIA is proud to offer numerous scholarships each year totaling \$15,000-\$20,000 to foster youth graduating through the Independent Living Skills Program (ILSP).
	Volunteer and Emergency Service Team in Action.	Community service offering a variety of supports including community closet, shelter and food resources, children's programs including summer camps and resource fair.
West Contra Costa Public Education Fund	P2S (pathways to success)	3-week summer bridge program sponsored by the City of San Pablo. This program offers 30 Helms Middle School students who are entering Richmond High the opportunity to familiarize themselves with campus, freshman year course work, and college resources.
YMCA	Hilltop YMCA (Richmond) Pleasant Hill YMCA	Health and fitness, afterschool programs, summer camps, Headstart, Early Headstart, counseling, enrichment activities.
YWCA	Contra Costa County/Sacramento	Dedicated to empowering women and families from diverse backgrounds, the services will build self-worth and social and emotional health on a foundation of tolerance and social equity. Workshops and support groups for women and girls offered at Antioch, Bay Point, Martinez, Richmond and Sacramento.
	Mental Health Services	YWCA offers Individual or group therapy for adults and teens; family and couples therapy; child therapy; parent/child reunification.
	Childcare	Childcare programs help children develop physically, socially and mentally. Children learn how to get along with others and develop communication skills. Offers all-day state preschool or 3 hour program.
YOUTH (Youth Offering Unique Tangible Help)	Y.O.U.T.H. Training Project (YTP)	Unique collaboration between current and former foster youth, child welfare professionals, and youth-serving organizations. Empowers transition-age foster youth, who are experts in navigating the foster care system, to develop and deliver best-practice training for professionals who support transition-age youth.
Youth Homes	Residential Treatment	Residential program: provides a therapeutic, safe and supportive environment. Each residential program also provides individual and family therapy by a licensed therapist or by a registered intern. Day Program: provides a behaviorally supported learning environment for youth temporarily unable to work and learn in a public school setting. Located on the East Bay Shelter campus, the program provides age- and grade-appropriate skill building customized to each youth's individual learning level and abilities.
Youth Law Center		YLC works to eliminate abuse and neglect of children, to reduce out of home placements and incarceration, and to assure that those who are removed are held in safe, humane conditions. YLC takes action to ensure that the legal rights of vulnerable children are protected, and that they receive the support and services they need to become healthy and productive adults.



Services

Basic Needs



Assistance League of Diablo Valley

Community Service agency funded by a Thrift Shop in Diablo Valley providing: Assault Survivor Kits®; Baby Bags; Food Boxes; On My Way Bags for emancipating foster youth; Receiving Center Backpacks; (foster youth) Senior Year Sponsorships; Scholarships (including foster youth specific); Emergency funding; School based programs: closet/pantry/school supplies (Operation School Bell); youth community education (Kids on the Block), reading and literacy programs.

Bay Area Rescue Mission

Food Pantry & Distribution Center

Distributes food, clothing, furniture and other household items. Open to the public.

CalFresh

CA Food Stamps Program

Nutrition assistance program in which eligible low-income households can purchase food at participating grocery stores with the use of Electronic Benefit Transfer (EBT) cards that look like a credit card or bank debit card.

Eligibility: (1) Households may have no more than \$2,000 in assets (bank account, cash, etc.); households with at least one person age 60 or older can have \$3,000 in assets. House, personal belongings, and vehicles do not count.

(2) A household's gross monthly income cannot exceed 130% of the Federal poverty guidelines. For a household of three, this is \$1,984.

Net Monthly Income: A household's net monthly income cannot exceed 100% of the Federal poverty guidelines. For a household of three, this is \$1,526 (eligibility requirements are subject to change).

Basic Needs

Contra Costa Crisis Center

211 Info and Referral

Authorized 211 for Contra Costa County. Trained information and referral specialists answer the calls using the 211 database. This database has comprehensive, up-to-date information on 1,600 services, is accessible in 12 languages, and is available to everyone in the community free of charge. Also publishes specialized resource guides of essential services in both English and Spanish (online).

Greater Richmond Inter-Faith Program (GRIP)

Showers, Mailing Services, Laundry: Monday-Friday 8am-3pm

Case Management: Monday-Friday 9am-5pm (closed during lunch 12-1pm).

Hot Meals: Everyday 11:30am- 12:45pm.

Has a Family Shelter (65 bed transitional housing program); and Veteran Housing (9-unit apartment / affordable housing). Provides for immediate basic needs: food, clothing, showers, laundry and mail services.

Rainbow Community Center

Food Pantry

Provides food assistance for low-income qualifying members within the community of Contra Costa.

Special boxes (Brown Bag & Extra Helping) are provided for qualifying individuals at Concord location only.

Extra Helpings Box: Qualifying individuals who have worked with their medical case manager to connect with services at RCC are able to receive this extra box.

Brown Bag Box: Qualifying Seniors of the age of 55+ are able to receive this additional food box during Pantry hours.

Richmond Emergency Food Pantry

Food Pantry: Tuesday or Friday, 11am-3pm (must register). Located at Grace Lutheran Church.

Typical donation: fruit juice, tomato sauce, canned and/or fresh vegetables, canned and/or fresh fruit, spaghetti, fresh potatoes, milk, fresh onion, soup, canned salmon or chicken, frozen meat, chicken, or fish, peanut butter, dry cereal, dry beans, rice, bread.

Eligibility: Low income households may apply to receive food at the Pantry between the hours of 10am-2:30pm on Tuesdays or Fridays. It is necessary to show ID and to declare the monthly household income. For families of six or more it is necessary to show some form of ID (for example, California Medical card or school ID) for each member of the household.

Trinity Center

Outreach and Respite

Serves meals, provides shower and laundry facilities, clothing and food pantry, access to mail and phone. Staff members post job opportunities and assist with locating County resources that address addiction and other challenges. Clients are connected to ongoing benefits such as Medicaid, TANF, SSI/SSDI, Covered CA Health Care, and Cal Fresh (Food Stamps). The fellowship of sharing meals and helping others similarly distressed are the softer side of this vibrant program. Trinity Center is a safe place to be off the street.

Monday - Friday 8am-4pm – breakfast, lunch, laundry, showers, clothing shed, food pantry, volunteer assistance.

Wednesday 12-4 pm – WOMEN ONLY – lunch, laundry, showers, clothing shed, food pantry.

Vestia

Volunteer and Emergency Service Team In Action

Community service offering a variety of supports including community closet, shelter and food resources, children's programs including summer camps and resource fair.

Eligibility: Individuals and families receiving benefits from Contra Costa County's Employment & Human Services Department.

Foster Youth Advocates & Scholarships



America's College Fund for Foster Youth

Foster Care to Success Scholarship Program

Up to \$5,000 annually in scholarships to eligible foster youth across the county.

Scholarship Eligibility: Funds are available to students enrolled in a Pell-eligible college or postsecondary school, students who have been in foster care for the 12 months leading up to and including their 18th birthday, students have been in foster care or orphaned while living in the U.S. Citizenship not required.

Assistance League of Diablo Valley

Foster Youth Scholarships and Supplies

On My Way Bags for emancipating foster youth; Receiving Center Backpacks; Senior Year Sponsorships; College Scholarships.

California Youth Connection (CYC)

Contra Costa County foster youth

Youth-led advocacy organization that provides transformative experience for current and former foster youth who in turn

transform the foster care system through targeted legislative and policy advocacy. As members of the CYC, youth have an opportunity to participate in the Summer Leadership and the Day at the Capitol annual conferences.

Eligibility: The CYC has a Bay Area Region Chapter. Youth ages 14-24 are eligible to join.

Foster a Dream

Achieve, Believe, and Dream programs

Achieve: Programs and opportunities including 2-week summer program for youth leaving care. Also provides scholarships and mentoring.

Believe: Collaboration with Sleep Train and other community supporters help us to provide new basic need items, such as clothing and school supplies.

Dream: Provides holiday/special event celebrations and support access to sports, cheerleading, music lessons, summer camps, and proms to provide childhood memories that inspire adulthood dreams.

Programs currently serve children who are living in 5 Bay Area Counties: Alameda, Contra Costa, Marin County, Napa, and Solano.

Foster Youth Advocates & Scholarships

Eligibility: Must be living in out-of-home placement with an open foster care case.

To request services, follow the instructions on website or call (925) 228-0200.

Foster Club

All-Star Internship Program

Interns receive leadership training, help improve outcomes for foster youth transitioning out of care, educate peers and industry professionals, and change public perceptions about foster youth across the nation at conferences and events all summer long.

Eligibility: Available to former and current foster youth across the U.S., ages 18-24, with ability to travel to Oregon and a valid state ID.

Honoring Emancipated Youth (HEY!) & TAYSF

HEY SF

HEY identifies and raises awareness around challenges affecting local current and former foster youth by bringing together a diversity of expert voices and experiences, including those of former foster youth, service providers, and other supporters, in finding solutions.

Eligibility: Local youth can apply to join. Resource guides available on website.

iFoster

TAY Resources and Jobs Program

Online resource portal with free/cheap resources (educational, employment, health, recreational, and daily living products, services and opportunities kids in foster care and young people aging out of care), can be accessed online 24/7 or by calling 1-855-936-7837.

TAY Assistant and Digital Locker for Transition-Age Youth: online personal assistant that helps transition-age youth manage their life. Allows them to store documents in a safe place, find resources, apply for programs, and keep track of it all.

Jobs for Transition-Age Youth: trains and supports transition-age youth (age 16 to 24) to earn competitive, livable wage jobs with career paths; provides opportunities for part-time and full-time jobs that come with benefits, scholarships and tuition reimbursement for post-secondary education, and career advancement. Employer partners include Fortune 500 and regional companies in grocery, health care, hospitality and leisure, retail, supply chain logistics, manufacturing, government, and sports and recreation.

Eligibility: Transition age youth (ages 16-24) can apply. Free membership. Caregivers and agencies can also join.

Ivy league connection

Ivy League Connection

Privately financed scholarship program designed to promote the college going culture in the high schools of the West Contra Costa Unified School District. Includes summer programs at Ivy League Schools.

Richmond Promise

Through a college scholarship, collaborative cross-sector partnerships, and supportive programming, the Richmond Promise aims to ensure all students in Richmond excel to and through higher education, reach their career goals, and become change-making leaders in the Richmond community. Includes Near-Peer program at Richmond High School and "first year" partnership with CC College and other local colleges.

Scholarship Eligibility: (1) resident of the City of Richmond, North Richmond or Point Richmond (i.e. have a Richmond home address), (2) graduated from an eligible high school within the West Contra Costa Unified School District boundary area or received your GED/high school equivalency this academic year or the year prior, (3) attended an eligible high school at least 9th-12th grade consecutively, (4) complete the FAFSA/Dream Act by the March 2 Cal Grant deadline (unless not AB 540 eligible), (5) submit a Richmond Promise Scholarship application by the application deadline.

Scholarships for Foster Kids

Online Scholarship Resource

List of scholarships and grants available to foster youth.

Eligibility: All foster youth.

Vestia

Foster Youth Scholarships

Contra Costa County Foster Youth can receive financial assistance to further their educational goals and enhance their life skills. VESTIA is proud to offer numerous scholarships each year totaling \$15,000-\$20,000 to foster youth graduating through the Independent Living Skills Program (ILSP).

Eligibility: Graduating from ILSP and a Contra Costa High School.

YOUTH (Youth Offering Unique Tangible Help)

Y.O.U.T.H. Training Project (YTP)

Unique collaboration between current and former foster youth (ages 16-24), child welfare professionals, and youth-serving organizations. Empowers transition-age foster youth, who are experts in navigating the foster care system, to develop and deliver best-practice training for professionals who support transition-age youth.

Eligibility: Current or former foster youth, ages 16-24, can apply for a trainer position.

Health & Wellness



Bay Area Community Resources (BACR)

CoCoLeadPlus

Multi-systems diversion program for adult residents in Antioch who come in contact with law enforcement. A number of different groups addressing addiction, trauma, stress and anger. CBS provides groups daily, including evenings and weekends, specific groups target Spanish speaking and gender specific populations.

Groups are provided to clients referred through HealthRight 360, Contra Costa Probation Dept., Antioch Police Department and in addition are open to individuals in the community at large.

East-Bay School Based Counseling

Offers individual and group counseling for elementary, middle and high school youth. Also provides: training and support for peer conflict managers at school site; crisis support and consultation to schools; family counseling, parent education and case management; program development assistance to schools.

Brighter Beginnings

Family Health Clinics

Affordable family healthcare to individuals and families who need it most. Services include primary care, mental health services, and parenting support and education for pediatric, teen, and adult patients. Onsite access to complementary social services.

Eligible regardless of insurance/immigration status. Brighter Beginnings Family Health Clinics are low-cost, but not free. Provides a sliding scale discount program for patients with low incomes.

CC Youth Crisis Line

800-833-2900

24/7 Crisis Support in Contra Costa County.

Community Violence Solutions

Formerly Rape Crisis

Provides intervention, treatment, and prevention services for adults, teens, and children who have experienced sexual assault and interpersonal violence in Contra Costa. Services include 24/7 crisis support, advocacy, medical accompaniment, age-appropriate forensic interviews, non-acute medical exams, professional supervised visitation and custody exchange services, and school (K-12) and community-based workshops addressing violence prevention, skill building, and bystander intervention. Languages: English, Spanish. Office hours: 9am-8pm.

Eligibility: Services for those who have experienced sexual assault or interpersonal violence in Contra Costa County. Crisis services are free; other services are offered on a sliding scale.

Health & Wellness

Contra Costa Crisis Center

Authorized 211 provider for Contra Costa County

Comprehensive data base of 1,600 services (including crisis), is accessible in 12 languages, and is available to everyone in the community free of charge. Also publishes specialized resource guides of essential services in both English and Spanish (online).

Grief Counseling Program

Individual and group counseling to youths and adults mourning a death. All counseling is free and confidential. Preregistration is required. Contact the grief counseling program to enroll in the next session of support group at 211 or grief@crisis-center.org.

Help Me Grow

Systems approach for supporting families and the optimal development of their children ages 0-5. Help Me Grow system partners provide information and resources to help families and providers learn about child development, developmental screening, and supporting centralized access to resources in the community (online database of resources).

Contra Costa Health Services

Health Centers and Public Health Clinics with 24-Hour Emergency Services.

Accepts MediCal.

Behavioral Health Services

Comprehensive and welcoming, integrated services for mental health, substance abuse, homelessness and other needs that promote wellness, recovery, and resiliency while respecting the complexity and diversity of the people served.

First Hope CCHS program provides early identification and intervention for Psychosis.

24/7 Psychiatric Emergency Services for MH crisis response (1-888-678-7277).

Accepts MediCal.

Locations in East, West, and Central County providing services for children, adults, and older adults.

First Hope Eligibility: residents 12-25 who are having significant psychological symptoms and a decrease in usual functioning, suggesting they may be at risk for developing psychosis.

Familias Unidas

Familias Unidas exists to improve wellness and self-sufficiency in Latino and other communities. This is accomplished by delivering quality mental health counseling, service advocacy, and information/referral services. Programs include: mental health, education and prevention, youth development, and adult wrap-around services.

Adult Wrap Eligibility: Homeless adults with serious mental illness, age 25 and up.

Fred Finch Youth Center

Fred Finch Youth Center is an Oakland based agency with diverse mental health programming for young people. Below are their MH programs in CCC.

Contra Costa Transition Aged Youth

Supports West Contra Costa (Concord/Martinez included) youth in achieving their recovery oriented goals, obtaining and stabilizing in housing, and building self-sufficiency skills to help them function in the community.

Eligibility: Available to homeless/at-risk for homelessness West Contra Costa County youth with significant mental health challenges.

New Yosemite: Acute crisis Contra Costa County youth receiving services from Regional Center for the East Bay.

East Bay Wrap

Family-centered, community based program designed to strengthen the family via developing action plans and access to resources, while simultaneously treating the youth participant through counseling, assistance with medications and re-building natural community supports.

Eligibility: San Mateo foster placements in Contra Costa County.

New Yosemite

Crisis stabilization and assessment program for youth with developmental disabilities and/or autism. Joint venture between Fred Finch Youth Center and Regional Center of the East Bay (RCEB). RCEB referrals for youth ages 8-18 only.

Eligibility: Acute crisis Contra Costa County youth receiving services from Regional Center for the East Bay (RCEB). RCEB referrals for youth ages 8-18 only.

Gender Spectrum

Provides education, resources and support to help create a gender sensitive and inclusive environment for all children and teens. Services include: school trainings, parent support groups and consultations, annual Family Conference, and work with medical and mental health care providers, social service agencies, and others working with families and kids. Some Spanish available.

La Cheim

Licensed Community Mental Health Center (CMHC) in Oakland, California providing a range of services for children, adolescents, and adults who live in surrounding communities.

La Cheim also offers intensive services including day treatment, residential services, non-public school, and therapeutic behavioral services.

TBS Eligibility: Youth ages 2-19 at risk of removal from the home environment.

Non-Public School Eligibility: Students in grades 6-12 identified as having social/emotional, behavioral and learning needs that

Health & Wellness

cannot be met in traditional school settings. El Sobrante Campus serves children from Alameda County and Western Contra Costa County. Concord Campus serves children from Central and Eastern Contra Costa County (this school recently relocated from Antioch to Concord).

Residential Treatment Eligibility: Youth age 12-18 with emotional disturbance resulting in removal from the home.

Larkin Street Youth Services

The Michael Baxter Youth Clinic

Comprehensive primary care, sexual health services, confidential HIV prevention and testing and more for youth.

Eligibility: All youth under age 25.

Lyric

LGBTQ Youth Wellness

Lyric is a SF based LGBTQ youth services organization. They offer case management services including: legal name change; gender change documentation; housing applications; job search assistance; budgeting; school enrollment; counseling referrals; connection to HIV/STI testing and treatment.

Eligibility: Programs are open to lesbian, gay, bisexual, transgender, queer, and questioning (LGBTQQ) youth and allies (age 24 and younger). Youth who are interested in becoming involved with any of the programs can schedule a New Participant 1:1 Orientation as a first step.

NAMI (National Alliance on Mental Illness)

NAMI Contra Costa County

NAMI provides support, outreach, education and advocacy to individuals living with and families affected by mental illness. General meeting: 3rd Thursday at 7pm at John Muir Hospital, Concord.

Seminar and support topics include: Mental Health Crash Course, Family-to-Family, Peer-to-Peer, NAMI Basics, NAMI Mandarin, NAMI Espanol.

Pacific Center

LGBTQ Wellness

The Pacific Center provides individual, couples, and family mental health services, HIV counseling services, peer-support groups, and youth leadership program for LGBTQ individuals and their loved ones.

Hours: Office: M-F 4-8pm;

Drop-in groups: Tu, Th, Fri 4-6pm;

LOUD (youth group): 4-6pm on Tuesday and Friday.

Phillips Academy

Non-Public School

Phillips Academy provides a calm, safe, and therapeutic environment for students with depression, anxiety, or other mood related disorders, for students with specific learning disabilities, for those with Asperger's disorder or high functioning autism, and for those with ADHD or other learning challenges. The Academy offers both Middle and High School Programs.

Eligibility: Placement inquiries are initiated by public schools, pediatricians, mental health professionals, community agencies, or by parents directly. Please visit the website for more information to help determine if The Phillips Academy is the right place for a student.

Richmond Native American Health Center

Community Wellness

Provides culturally and spiritually based services including: Native American Cultural support and activities, traditional crafts, cultural events, mental health support, health system navigation, drug and alcohol recovery support, elder support, youth health and fitness, youth after-school support.

Eligibility: Services for all, there are no tribal/ethnic/insurance requirements to receive services at NAHC.

STAND!

Violence Prevention and Support Services

STAND! For Families Free of Violence provides a complete spectrum of prevention, intervention, and treatment programs, and also enlists the efforts of local residents, partners, and institutions, all of whom are striving to stop domestic violence and child abuse.

Services include: crisis response, peer advocacy, support groups, housing, vocational services, domestic violence liaisons, legal advocacy and court accompaniment, individual or group counseling, child assessment and treatment, clinical parenting, strengths based family case management.

STAND also provides services to abusive partners and help for family and friends.

YWCA Contra Costa County/Sacramento.

Mental Health Services

YWCA offers Individual or group therapy for adults and teens; family and couples therapy; child therapy; parent/child reunification.

Fees are on a sliding scale, based on ability to pay with the lowest fee being \$40 per session to see an Associate Marriage and Family Therapist with the lowest fee available to see a Marriage and Family Therapist being \$65 an hour. Also accepts Victims of Crime (VOC) funding. Medi-CAL is accepted at the Martinez and Antioch sites as a community-based, organizational clinic.

Housing



Bay Area Rescue Mission

Emergency Shelter

Dinner and Chapel: Every night at 6pm.

Shelter: Single Men arrive at 6pm to receive shelter and more.

Shelter: Single Women & Women with children call (510) 215-4860 for shelter-bed availability (195 beds, 30 emergency).

Helps meet the basic needs of hurting and homeless men, women, and children in the Bay Area with food and a clean, safe place to sleep.

Transitional Living

12-month stay-in transitional housing so that individuals can obtain employment, accumulate funds to venture out on their own, and establish healthy life patterns under the supervision of Rescue Mission staff.

Services include: financial management training, job skills training, individual and group meetings, and counseling and spiritual guidance.

Eligibility: Must graduate from Discipleship program.

Can accommodate up to 16 men and 6 women with children.

Youth Outreach

Works to prevent homelessness by giving children and teenagers from inner-city schools the academic, emotional and spiritual resources they need to succeed. Provides a safe place to support students in their academic success, physical, social and psychological development and to encourage them to set goals which will assist them in becoming positive contributors to their communities.

Mobile Outreach

Travels twice a week to visit the chronic homeless in parks and encampments throughout the Greater San Francisco Bay Area. Equipped with food packs, water bottles, hygiene kits, warm clothing, blankets, and "Coupons for Care" which include maps to the Rescue Mission.

Housing

Convenant House

YEAH! Youth Engagement, Advocacy and Housing (Youth Emergency Assistance Hostel)

Supports young adults in Berkeley who are currently homeless. Provides basic necessities, offer case management and counseling, linkages to education, employment and housing, and opportunities for meaningful community involvement. Doors open at 8am, but youth should show up by 7:30am to reserve a space.

Shelter: The shelter is staffed each night by 2 trained supervisors and a team of volunteers. Youth in the program are served a hot dinner and breakfast in the morning. They sleep on mats with fresh sheets. Clean socks and underwear are provided when available. They have access to a shower nightly.

Clinical Day Program: Through the Clinical Day Program, YEAH! provides intensive case management and counseling to a select group. Participants meet regularly with a trained clinician. Together they set goals and chart a path to their preferred lives. Youth are helped to find employment, to secure permanent, affordable housing, to return to (or stay in) school, and to learn to utilize community resources.

Eligibility: Ages 18-24, first come first serve.

Employment and Human Services Department (EHSD)

Appian House

Six bed transitional living program for youth ages 18-21 who are homeless or exiting the foster care system. Over the course of the 18 month program, each youth participates in the creation of a personalized Individual Development Plan (IDP) with his or her case manager. Independent living skills, such as money management, employment search, nutrition, and interpersonal life skills workshops are offered and included in each youth's IDP.

Eligibility: Youth ages 18-21 who are homeless or exiting the foster care system.

Bissell Cottages

24-month transitional living program for homeless youth ages 18-24, including those exiting foster care, who need mental health services and support as they transition into adulthood. Residents receive guidance and support from a personal coordination team that prepares each youth in their movement towards greater self-sufficiency.

Eligibility: All Cottage residents must be enrolled in the Contra Costa County Transition Age Youth Full Service Partnership offered through County Mental Health.

Basic requirements for "full service partnership" and Bissell Cottages include but are not limited to the following:

Homeless or at imminent risk of homelessness; Resident of West Contra Costa County; Have a severe mental illness that seriously impairs their functioning in community living; Youth must be between the ages of 18-24.

Environmental Alternatives

Programs Include: Transitional Housing Program/Foster Care (open to ages 18-21); Transitional Housing; Program Plus (ages 18-24); Traditional Transitional Housing Program (ages 16-18).

Services include: job preparation; health and nutrition; budgeting and banking; parenting education; life skills; connection to mental health.

Considered to be a more independent placement and many Social Workers require youth to have completed high school before applying.

Youth are typically referred through County Social Worker. Youth complete an initial meeting to assess fit. If accepted, they are referred to a housing case manager for placement and ongoing support.

Greater Richmond Inter-Faith Program (GRIP)

Services include: intensive case management; multi-disciplinary case management team; housing navigator (identifies and provides the best housing options, while eliminating the barriers to attain housing); families in transitions specialists (provides intensive case management for identified homeless youth and their families); mental health professional and alcohol and other drug counselor; alcohol and other drug services and referrals; and brokerage/linkages to community based programs.

JR's North Star Inc

Residential Treatment

Residential care program for adolescent boys.

Eligibility: Boys ages 8-17.

La Cheim

Residential Treatment

La Cheim's Residential Treatment Center, Browning House, provides a safe and nurturing environment for emotionally disturbed youth. Clinical staff facilitates daily groups and activities that are designed to enhance social, emotional and behavioral skills in support of each resident's treatment plan, happiness and future goals.

Eligibility: Youth ages 12-18 with emotional disturbance resulting in removal from the home.

Housing

Larkin Street Youth Services

Diamond Youth Shelter

Emergency shelter services.

Eligibility: Youth under the age of 17.

Lark-Inn Youth Shelter

Emergency shelter services for youth ages 18-24.

Eligibility: Ages 18-24.

Engagement and Community Center

Drop-in center for youth. Services include: Showers, meals, lockers, laundry, clothing, hygiene supplies, computer/web access, life skills groups and special events, education and employment programs, medical care including free and confidential HIV testing, case management, individual and group counseling.

Eligibility: All youth under age 24.

Haight Street Referral Center

Drop-in center for youth. Services include: meals, hygiene supplies, peer groups, case management, individual and group counseling, referrals.

Eligibility: All youth under age 24.

Supportive Housing program

Offers a continuum of housing options – from dorm-style living with 24-hour on-site staff, to independent apartments in the community. All programs have case managers to help youth plan for the future, education and employment support, health and wellness services, and fun community activities.

Eligibility: All youth under age 24.

Larkin Street Academy

Offers a variety of classes providing job readiness, college readiness, computer classes, job placement and retention, internships, tutoring, GED tutoring and classes, secondary and post-secondary school enrollment and support, mindfulness, visual and performing arts.

Eligibility: All youth under age 24.

Lutheran Social Service

Mi Casa

Transitional housing program for former foster youth between the ages of 18-24. Services include: case management; housing assistance; employment; education; counseling and support; advocacy and community service training; mentoring and community connections.

Eligibility: Foster youth ages 18-24 residing in Contra Costa County. Youth pay 30% of their income and must maintain AB12 eligibility.

Next Steps Collaborative

Alameda County THP+FC (18-21) and THP+ (21-25)

Applicants are assigned to one of the participating Transitional Housing Programs based on fit and availability. Depending on which program a youth is accepted to, services include weekly case management, psychotherapy, group skills building/therapy options, and sometimes on-site staff.

Beyond Emancipation Host Housing and Community Housing

First Place for Youth

Abode Services Project Independence

Rising Oaks (Fred Finch)

A Better Way

Side By Side (formerly BAYC)

Eligibility: Applicants can start applying at age 17.5; out of county youth are welcome to apply. One common referral form is submitted to any of the participating agencies (can be submitted by youth or CWW, CWW must be in support of move to transitional housing).

Uplift

Transitional Housing Program (THP)

Serves a limited number of adolescent clients who are in the process of emancipating from a foster care program. Provides housing and THPP/THP+FC staff provides supervision and comprehensive services on various life skills (budgeting, job skills, accessing education and health care, household management, etc.) at the client's apartment or in the community.

Eligibility: Foster youth ages 16-21, if NMD must maintain AB12 eligibility (work/school/removing barriers).

Youth Homes

Residential Treatment

Residential program: provides a therapeutic, safe and supportive environment. Each residential program also provides individual and family therapy by a licensed therapist or by a registered intern. Day Program: provides a behaviorally supported learning environment for youth temporarily unable to work and learn in a public school setting. Located on the East Bay Shelter campus, the program provides age- and grade-appropriate skill building customized to each youth's individual learning level and abilities.

Up to 24 boys and girls in four State-licensed, six-bed homes in Contra Costa County.

Legal Services



Bay Area Legal Aid

Legal Services and Advocacy

Provides meaningful access to the civil justice system through quality legal assistance regardless of a client's location, language or disability. Many Bay Area Legal Aid lawyers support foster youth and are versed in legal advocacy within the care system.

Eligibility: Low-income and very low-income individuals.

Catholic Charities

Immigration Legal Services

Low-cost immigration services provided by representatives accredited by the Board of Immigration Appeals, and licensed immigration attorneys.

By appointment only. \$40 Consultation Fee (cash, money orders or checks accepted).

CFS: ILSP

Discovery Unit

Help looking for case related documents such as court reports.

Eligibility: Age 23 and under.

Familias Unidas

Socorro - Information and Referral Services

Information and referral assistance to individuals who are experiencing difficulties obtaining adequate social support services. The information provided is culturally and linguistically

appropriate and is provided over the phone, in person, or through the distribution of bilingual, self-help directories.

Law Foundation of Silicon Valley

Legal Advocates for Children and Youth

LACY advances the legal rights of children and youth, empowering them to lead healthy and productive lives. Services include: Free and confidential legal assistance to children and youth in juvenile dependency, family law, probate guardianship, education matters and numerous other practice areas; advocacy to improve court and community systems designed to protect and promote child welfare; and workshops to educate youth, parents, caregivers and members of the community about issues impacting child welfare and legal rights.

Eligibility: Children and youth in juvenile dependency, family law, probate guardianship, education matters and numerous other practice areas.

Youth Law Center

Legal Services and Advocacy for Youth

YLC works to eliminate abuse and neglect of children, to reduce out of home placements and incarceration, and to assure that those who are removed are held in safe, humane conditions. YLC takes action to ensure that the legal rights of vulnerable children are protected, and that they receive the support and services they need to become healthy and productive adults.

Eligibility: Children involved in public systems.

Parenting



Bay Area Community Resources (BACR)

West County First Five Center

Free programs focus on parent education, early learning opportunities, family literacy, and tobacco education. Classes are for children ages 0-5 and their parents/caregivers to participate in together. For parenting classes, free childcare is offered.

Eligibility: Families living in West County with children ages 0-5.

Hand to Hand Home Visiting Collaborative

No cost home/office based services to pregnant women and women with infants up to age four months.

Eligibility: West County families living in North Richmond, "Old" San Pablo, and Richmond's Coronado and Iron Triangle Neighborhoods (Zip codes 94801, 04804, and 94806), families who are difficult to engage, high-risk families, and African-American and Asian families.

Bay Area Crisis Nursery

General Services and Respite Care

Free, confidential and voluntary residential care facility for children ages birth through 11 years. The facility provides care for children when their parents are experiencing a crisis or a stressful situation. The Nursery provides food, clothing, and loving care. Open 24/7.

Eligibility: Parent or guardian must have legal and physical custody in order to admit a child to BACN.

Brighter Beginnings

Family Health Clinics

Affordable family healthcare to individuals and families who need it most. Services include primary care, mental health services, and parenting support and education for pediatric, teen, and adult patients. Onsite access to complementary social services.

Eligible regardless of insurance/immigration status. Brighter Beginnings Family Health Clinics are low-cost, but not free. Provides a sliding scale discount program for patients with low incomes.

Parenting

Catholic Charities

Path2

The Path2 Program provides intensive home-based case management and clinical services to strengthen Contra Costa County families and keep children and young people safely in their homes.

Contra Costa Crisis Center

Help Me Grow

Systems approach for supporting families and the optimal development of their children ages 0-5. Help Me Grow system partners provide information and resources to help families and providers learn about child development, developmental screening, and supporting centralized access to resources in the community (online database of resources).

First 5

Services related to child development, play groups, mental health, child care quality, home visiting, Triple P, special needs, regional groups, financial literacy, advocacy and referrals, and immigrant resources.

Kinship Care Program

The Kinship Care program provides support services to caregivers caring for related children so that children can remain with their extended families and avoid placement in the foster care system. Kinship services are free and available countywide, through 23 centers in Pittsburg, Concord, and Richmond. Services include respite care, therapeutic support groups, educational forums, tutoring for children, case management, recreational activities for caregivers and youth, limited emergency assistance, and legal services.

Self referral.

YMCA Richmond/Pleasant Hill

Childcare

Health and fitness, afterschool programs, summer camps, Headstart, Early Headstart, counseling, enrichment activities.

Eligibility: Membership required for gym access, school/community based childcare and enrichment (see website for locations).

YWCA Contra Costa County/Sacramento.

Childcare

Childcare programs help children develop physically, socially and mentally. Children learn how to get along with others and develop communication skills. Offers all-day state preschool or 3 hour program.

Eligibility for all-day state preschool: Must be working/ seeking employment/vocational training/disabled. Programs for children from ages 2-8.



Postsecondary



Contra Costa College

Early Learning Center (childcare)

Nurturing and enriched learning environment to support the optimal development of children in the community, as well as those of college faculty, staff and students. Provides Montessori and traditional curriculum, led by highly trained, multilingual and diverse staff. Also offers convenient hours and reasonable rates.

Requirements: (1) children ages 2 years and 6 months up to age of kindergarten entry. To apply: (1) complete application and enrollment process, (2) fees apply - accepts subsidies from: CALWORKS, Child Care Council, San Pablo Economic Development Council (SPEDC).

Wellness

Free, confidential individual and/or specialized group therapy located on campus.

Tutoring

Drop-in tutoring, booked appointments, online access, and Peer-Led Team Learning (PLTL) in select classes. Online tutoring is available through Canvas for ENGL-875N and MATH-875N tutoring courses (must be registered to access the course, and sign in through the Insite Portal).

Students may book up to 6 appointments per semester. Students who fail to show up for 2 booked appointments in a semester will not be able to book further appointments. Single appointments can be booked for 1 hour; group appointments can be booked for up to 2 hours. Appointments must be made at least 48 business hours in advance. Appointments are subject to approval and tutor availability.

Foster Youth Services

Help completing the college application, assistance applying for financial aid, CHAFEE grants and scholarships, on-campus employment, academic advising, tutoring, priority registration.

Eligibility: All foster youth are eligible.

Foster/Kinship Care Education Program

Continuing education program for foster/kinship caregivers.

Eligibility: See brochure link in contact information section for more information.

CSU East Bay Concord

Renaissance Scholars Program

Academic, career, and financial aid advising workshops, activities and field trips, assistance with purchasing books (for those with financial need), priority registration, loaner textbook library, mentor

Postsecondary

and mentee opportunities, counseling referrals, loaner laptops, leadership development, priority for on-campus housing (Note: Foster youth are given priority for a space in on-campus housing and are responsible for applicable fees.)

Requirements:

Be a new freshmen, transfer student, or continuing Cal State East Bay foster youth

Make a full commitment to the Renaissance Scholars Program each year.

Actively participate in advising sessions and all program activities. Be an active participant in the Renaissance Scholars Program community.

Attend and actively participate in the mandatory retreat.

Maintain a minimum 2.0 grade point average. Students on probation are required to meet additional requirements.

Inform the Renaissance Scholars Program of your participation in any other campus program, and allow the programs to communicate with each other regarding your support needs.

Entering Freshmen are required to live in on-campus housing.

Additional requirements may be expected that are not currently listed on this form.

Student Center for Academic Achievement

Free tutoring for math, writing, and statistics and other student learning services and programs (includes group tutoring, peer tutoring, and various other forms).

Pioneers for HOPE (Helping Our Pioneers Excel)

Includes wide-ranging efforts to immediately serve some of the most-at risk students facing homelessness, food insecurity, and other various crisis situations. Services include food pantry and emergency assistance.

Application and appointments booked online. Pioneers students can make an appointment to one of HOPE Food pantries on Hayward and Concord East Bay campuses through BaySync.

Diablo Valley College

Foster Youth Success Initiative (FYSI) & Student Transition and Academic Retention Team (START)

Support with enrollment, registration, financial aid, education planning, course selection, etc.

Referrals to on/off campus resources, workshops, community building and celebrations.

Access to John Burton Foundation's book fund (while supplies last).

Also provide tours/info sessions for prospective students in foster care.

To apply for the START program, students must complete the following: (1) START program Application Form, (2) Schedule an in-take appointment with START program coordinator, (3) Provide verification that you are/were in court ordered out-of-home care placement for at least one day between the ages of 13-18.

Wellness

Free, confidential individual and/or specialized group therapy conveniently located on campus.

Foster/Kinship Care Education Program

Continuing education program for foster/kinship caregivers.

Eligibility: See brochure link in contact information section for more information.

Los Medanos College

Foster Youth Success Team

Support services include enrollment/matriculation assistance, financial aid application completion, campus orientation/tours, student service referrals, and dedicated academic counseling for foster youth.

Eligibility: All foster youth are eligible.

Wellness

Free, confidential individual and/or specialized group therapy conveniently located on campus.

Center for Academic Support

Reading/writing consulting, peer tutoring, office hours, computer lab, ELMS/ESL tutoring, math lab.

Food Pantry

Department-run food pantry that provides food for LMC students.

To apply: (1) fill out an intake form in order to be verified as a student; (2) after the intake form has been approved, the Student Life Coordinator will notify the student that they have been accepted; (3) after they have been accepted, they can start picking up items from the Food Pantry; (4) students will line up and swipe their cards in order to receive food.

Childcare

Child Study Center that serves as both a learning laboratory for Child Development majors and also as a child care center for LMC students, faculty, and staff.

Eligibility: Children aged 6 months to 5 years of age are eligible. Services are also open to community families as space allows. Because the Child Study Center is a teaching and learning lab, parents who enroll their children in the childcare program will be required to enroll in a parent education seminar (CHDEV 12) for 2 hours per week. This course also includes participation in the childcare center as a parent volunteer 1.5 hours per week. College units will be awarded to those completing the course.

Foster/Kinship Care Education Program

Continuing education program for foster/kinship caregivers.

Eligibility: See brochure link in contact information section for more information.

Substance Abuse Treatment



Bay Area Addiction Research and Treatment (BAART)

Antioch

Medication-assisted drug treatment program. Services include: methadone maintenance, methadone detoxification, buprenorphine maintenance, individual counseling, group therapy (coming soon), integrated primary healthcare, HIV/HCV screening, case management, coordinated pregnancy treatment, addiction education, and relapse prevention.

Accepts private pay (cash, money order, debit card, Visa, MasterCard, Discover), Medi-Cal, Hub & Spoke Grant. Uses a sliding fee scale. Also accepts Kaiser, VA, Contra Costa Health Plan for Outpatient Primary Medical Care Services, TriWest (Health Net Federal Services).

Richmond

Medication-assisted drug treatment program. Services include: methadone maintenance, methadone detoxification, buprenorphine maintenance, individualized substance use disorder counseling, addiction education, relapse prevention, primary healthcare, case management, and coordinated treatment during pregnancy.

Accepts private pay (cash, money order, debit card, Visa, MasterCard, Discover), Medi-Cal, Kaiser, TriCare, TriWest (Health Net Federal Services).

Bay Area Community Resources (BACR)

Gateway Services

Outpatient treatment program for clients from Contra Costa County. Group and individual counseling are provided, as well as drug testing and referral.

Thunder Road (Outpatient or Residential)

Adolescent Drug Treatment Services use targeted interventions, making sure that youth who need help have a community of support. Prioritizes wellness and recovery, using a harm-reduction and person-centered philosophy to guide our services. Services include short-term residential treatment, a full range of outpatient services, an on-site high school, and an innovative Culinary Arts Institute, which allows clients to earn high school credits as they receive vocational training.

Eligibility: Youth ages 14-18. Enrollment varies from four months to one year. Placement into the facility is by direct application to the Thunder Road Treatment Center or through sentencing by the Alameda County Juvenile Court.

Substance Abuse Treatment

Contra Costa Behavioral Health Services

Alcohol and Other Drug Services

Outpatient services, intensive outpatient treatment, residential treatment, withdrawal management - detoxification, and medication assisted treatment.

Eligibility: Must be referred to ACCESS line.

Contra Costa Crisis Center

211 Info and Referral

The authorized 211 provided for Contra Costa County. Trained information and referral specialists answer calls using the 211 database. This database has comprehensive, up-to-date information on 1,600 services, is accessible in 12 languages, and is available to everyone in the community free of charge. Also publishes specialized resource guides of essential services in both English and Spanish (online).

Crestwood

Bridge Program

Adult residential program for substance use recovery with a focus on individual skill building, development of support networks, and preparation for more independent living. Capacity of 64 adults with an average stay of 3 years.

Eligibility: Adult recipients of Contra Costa County Behavioral Health Services. Referrals come through county mental health clinics.

Pathway Program

Provides psychosocial rehabilitation for 16 clients who have had little, if any, previous mental health treatment. The program provides intensive skills training to promote independent living. Many clients complete their high school requirements, enroll in college or are participating in competitive employment by the end of treatment.

Eligibility: Recipients of Contra Costa County Behavioral Health Services, ages 18 and up, with a primary focus on ages 18-25.

Referrals come through county mental health clinics.

East County Adult Mental Health: 925-431-2600

Central County Adult Mental Health: 925-646-5480

West County Adult Mental Health: 510-215-3700

REACH Project

Outpatient substance abuse treatment. Treatment length is typically 6 months. Clients receive a complete intake evaluation with a counselor. Prior to admission, drug and alcohol testing is required (cost is \$25). Weekly treatment includes 1-3 group therapy sessions. Individual counseling can be scheduled according to client's needs. Group topics include substance abuse, stress management and relapse prevention. The groups are co-ed and range between 4-15 clients per session, with 6 licensed counselors on staff. Treatment includes a psychoeducational group approach, along with talk therapy. Topics include stress management, recovery concepts, peer pressure, developing refusal skills and substance abuse education. A

12-step based protocol is implemented and clients are required to attend a minimum of 3 weekly AA/NA meetings.

Contra Costa locations: Brentwood, Antioch and Oakley.

Eligibility: Adolescent program, criminal justice program, self-referred individuals are also welcome to attend. Free outpatient services. \$25 testing fee (testing required prior to admission), works with MediCal/MediCare.

Richmond Native American Health Center

Community Wellness

Provides culturally and spiritually based services including: Native American Cultural support and activities, traditional crafts, cultural events, mental health support, health system navigation, drug and alcohol recovery support, elder support, youth health and fitness, and youth after-school support.

Eligibility: Services for all (no tribal/ethnic/insurance requirements).

Trinity Center

Wellness Assistance Program

This outpatient drug and alcohol treatment program is a client-centered, collaborative treatment program that acknowledges each individual as a whole person. Group sessions focus on overcoming substance abuse and other life challenges. Assessments and referrals are made as needed. The program includes process and support groups as well as individual counseling.

Workforce Development

Bay Area Rescue Mission

Discipleship programs

Designed to show the pathway to restoration and hope, identifying destructive behavior while equipping clients with the necessary resources to establish independent lives of self-sufficiency and self-determination. Services include: skills to break drug and alcohol dependence, job skills training and vocational classes, education and GED certification with local community colleges, counseling and spiritual guidance, computer training, Biblical training, life management skills, household management skills, and job placement.

Eligibility: Available to long term residential consumers, split between men and women/children.

CalWORKS

California Work Opportunity & Responsibility to Kids (CalWORKS) is a welfare program that gives cash aid and services to eligible needy California families. If a family has little or no cash and needs housing, food, utilities, clothing or medical care, they may be eligible to receive immediate short-term help. Families that apply and qualify for ongoing assistance will receive money each month to help pay for housing, food and other necessities.

To apply: (1) families requesting assistance must complete an application at one of the addresses listed under Location/Contact, (2) next, the welfare office will set up an interview to obtain facts and verify eligibility, (3) at the interview, applicants must provide: proof of income /property; residence/shelter costs; citizenship status; work or school status; age; other information; Social Security number (similar information may be requested for all of the people in the home) (4) additionally, adult family members must also be fingerprinted and photo imaged, (5) at the interview, the County will advise applicants of the rules that must be met to be eligible for CalWORKS.

Department of Rehab (DOR)

Employment and independent living resource for people with disabilities, including students.

Services include: job exploration, post-secondary counseling, skills for work, self-advocacy, work experiences, vocational rehabilitative program (Counseling & Guidance, Assistive Technology, Job Skills Training, College Tuition & Supplies, Training in Independent Living Skills, Job Placement, Benefits Counseling, Job Coaching).

Adult Eligibility: (1) have a physical or mental impairment that substantially impedes ability to secure employment, and vocational rehabilitation services are required; and (2) be able to benefit from the DOR's services in terms of an employment outcome in an integrated setting.

Student Eligibility: (1) must be a student (you need to be enrolled in school, but it's okay if student is on break or if school hasn't started yet), (2) between the ages of 16 and 21 (including 16 and



21), (3) at least one of these options is true: (a) have or eligible for a 504 Plan, (b) have an IEP, (c) have a disability, or (d) others think you have a disability.

East Bay Works

Partnership of public, non-profit and private organizations that provides free services to help find employment. Services include: tutoring and instruction towards high school completion; occupational skills training towards postsecondary credentials; paid and unpaid work experiences (summer and year-round employment, on-the-job training, pre-apprenticeship, internships); exposure to in-demand industries; career exploration; leadership development; supportive services; adult mentoring.

Eligibility: In school (ages 16-21) and out of school (ages 16-24) youth are eligible, based on multiple factors. Contact a youth service provider for eligibility factors.

Juma Ventures

Juma Provides part-time employment at one of Juma's concession businesses in a major sporting venue; job skills training; Individual Development Account for college savings; financial guidance; funds

Workforce Development

to match youths' college savings; college and career tours; college application and financial aid help; 1:1 mentorship; tutoring and SAT preparation; support through college completion.

Eligibility: "Opportunity youth" - out of work and out of school, between ages 18-24, foster care. Apply on website during recruitment period (Dec-Feb): (1) submit interest form, (2) attend info session (applications handed out), (3) submit application.

Lao Family Community Development

Assists diverse refugee, immigrant, limited English, and low-income U.S. born community members in achieving long-term financial and social self-sufficiency.

Services include: Employment and Workforce Services for Adults; Youth Leadership, Education, and Career Development (Only in Oakland/Sacramento); Asset Development including Housing Counseling and Foreclosure intervention, Financial Education, IDA Savings accounts, and Income Support; Family Strengthening and Support Services; and Affordable Housing and Neighborhood Economic Development.

Opportunity Junction

Helps low-income Contra Costa residents get and keep good jobs by providing training, support, experience, and employer introductions. Core Programs specifically for job seekers include: Job Training and Placement Program (administrative careers), Road Map to College (accessing college Career Technical Education), Career Counseling and Placement Assistance (individualized), Additional Programs to Serve Low-Income Residents: Technology Center (including computer and ESL classes) and Do-It-Yourself Tax Assistance.

Eligibility: Services are geared towards adults, 18+; call or join any Tuesday at 10am at 3102 Delta Fair Blvd. in Antioch to learn more about the programs.

RichmondWORKS

Connects individuals to workforce opportunities by providing occupational training and job search/placement assistance.

YouthWORKS: Provides case managed services to at-risk and in-risk youth ages 16-24. Services are participation based and include: academic support, transportation assistance, cultural enrichment trips, life skills and pre-employment training.

Eligibility: At-risk and in-risk youth ages 16-24. Online application in February for Summer opportunities (first come first served).

RichmondBUILD: Focused on developing talent and skill in the high growth, high wage construction and renewable energy fields. Participants complete the core Carpentry Pre-Apprenticeship track, and then choose from the following electives: Extended Carpentry, Hazardous Waste Removal, Solar Energy, Energy Efficiency, or Electrical Wiring & Theory.

Interested applicants may sign up at the RichmondWORKS' One Stop Center. Eligibility requirements may include: (1) Richmond or San Pablo resident 18+ yrs old, (2) high school diploma or GED, (3)

valid CA driver's license, (4) Social Security Card/Right to work status, (5) pass basic math & reading test, (6) pass agility & fitness test, (7) desire to learn & work hard.

Eligibility: Serves dislocated workers and youth; provides California Training Benefits.

Rubicon

Employment related supports. Equips and empowers participants to develop the economic mobility to move out of poverty. No one service can address the many challenges people living in poverty face – success comes from participation and achievement in four areas: Assets, Income, Wellness, and Connections.

In Richmond and Antioch: call to make an appointment with an Ambassadors. An Ambassador is a current Rubicon participant who will meet 1:1 to answer any questions about the program, and give a tour of our facilities. If the program seems like a good fit, a meeting with an Impact Coach will be scheduled to discuss goals, and program eligibility requirements.

San Pablo Economic Development Corporation

Provides a free monthly job readiness workshop and low-cost tattoo removal.

Call to enroll in workshops (1st Thursdays of the month at 5:40pm).

Spark Point

Financial Literacy Services

Services include 1:1 work with a coach focused on three key elements of financial stability and prosperity: managing credit, increasing income, and building assets.

Stride Center

Career training program that prepares students for professional, well-rounded careers in the Information Technology field. Tuition costs vary, depending on the income level of each participant, but no student is ever turned away because of an inability to pay. The enrollment team can answer questions about tuition.

Eligibility: Applicants must be 18 or older and residents of California. Because of the volume of reading required, students must be able to read at a 10th grade level or above (reading test will be issued during intake process).

To enroll in a class at The Stride Center, applicants must: (1) attend Orientation Session (schedule one on one or attend group orientation Fridays 10:30am-1:30pm), (2) complete Enrollment Application, (3) take Reading and Computer Assessment Tests, (4) provide Student Personal info (Copy of state I.D, Copy of SS card, Income verification, Proof of Prior Education - Degree or Transcripts (High School -or- GED -or- College), (5) submit essay (250 minimum words), (6) meet with Enrollment Coordinator to discuss test results and appropriate class choice for student, (7) follow-up with funding partners or set up payment plan, (8) sign Enrollment Agreement.

Youth Activities



Bay Area Creative

Employs the art form of spoken word poetry to provide insightfully innovative writing and film making residencies for students, team building workshops for companies, professional development for teachers, and therapeutic arts work for community health. Partners with: Digital Storytellers, ReVisions, Culture Crossroads, Educators for Empathy, Sparc.

Partnership with Richmond High.

Beyond Emancipation (B:E)

B:E offers a range of services to support current and former foster youth in their transition to living as independent adults including: employment programs, Transitional Housing, educational support, and transition services. They also work in partnership with Alameda County ILSP and the Peralta Colleges.

Eligibility: Primarily serves Alameda County youth. Out of county youth need to complete intake between 9am-4pm. B:E serves current and former foster and probation youth who meet all of the following criteria: (1) placed out-of-home through the California child welfare or juvenile justice systems (2) for at least one day after their 16th birthday, (3) in any of the following: foster home, group home, residential treatment, probation or Kin-Gap. Generally serves youth ages 18-24. All services are available to youth ages 18-20. Starting at age 21, eligibility varies by program area. Best to call or stop by the office to determine the ways they can help.

Boys and Girls Club

Boys & Girls Club of El Sobrante
West Contra Costa Salesian Boys & Girls Club, Inc.

Programming includes after school, summer camp, sports and recreation, health and wellness, career development, character and leadership, education, and mentoring.

El Sobrante Eligibility: Ages 7-17

West CC Eligibility: Ages 6-18, grades K-12th costs \$25 for the school year. Grades K-8th costs \$250 for the summer.

East Bay Center for Performing Arts

Various free programs (after school, in school, professional development, etc.) aimed at increasing exposure and engagement in the arts.

Families Unidas

Youth Development

Offers a range of programs for young people in East and West Contra Costa County to promote healthy pro-social behaviors that will lead to a healthy productive adulthood. Health education school-based programs include after-school programs, peer education, teen pregnancy prevention for individuals, psycho-education support groups, and case management.

School based services.

Girls Inc. of West CCC

Girls Inc. offers summer camps, community events, and workshops aimed at developing the motivation and practical skills for girls to take charge of their health today and throughout their lives.

Programming includes: Operations SMART (STEM exposure), Economic Literacy, Media Literacy, Friendly PEERsuasion (substance avoidance), College Bound Girls, PAP (Preventing Adolescent Pregnancy),

Eligibility: Girls ages 5-18 in West Contra Costa County.

Youth Activities

ILSP

Independent Living Skills Program

ILSP provides case management and life skills support to transition aged youth in foster care.

Weekly life skills workshops in the areas of education, employment, housing, health, budgeting, cooking, and more. (Youth are paid a stipend for attending classes.)

Community events include conferences, celebrations, Fall Retreat and Winter Ski Trip.

ILSP Site offers a Computer Lab, Pantry and Closet, Library and Classroom, Kitchen, and staff offices.

ILP service categories include: needs assessment; mentoring; education, post-secondary, financial assistance; career/job guidance; employment/vocational/training; money management; consumer skills; health care, room and board financial assistance; transitional housing, housing options/location/THPP; home management; parenting skills; interpersonal/social skills; other financial assistance; transportation; and stipends and incentives.

Eligibility: Youth in care between ages 16-21 (can be accepted at 15.5). Serves all youth placed in Contra Costa County, regardless of out of county jurisdiction.

Rainbow Community Center

LGBTQ Youth Programs

Designed to promote self-acceptance and a positive self-identity for all LGBTQ+ youth. Provides education; develops leadership; promotes activism; and encourages socialization in a safe-space for LGBTQ+, questioning, and ally youth.

Rainbow Youth Groups include scheduled guest speakers, presentations, special projects, workshops, and discussions. They are always facilitated by Youth Outreach Counselors who are trained to hold a fun and safe space.

Individual mentoring and non-binary services also available.

Eligibility: LGBTQ+ youth between the ages 11-25. Refer to the Rainbow Youth Calendar under "Programs" for specific age requirements.

Richmond Art Center

Classes, workshops, art camps, school-based partnerships.

Eligibility: School residency at WCCUSD High Schools.

RYSE

Community Center

Programs Include: Education + Justice, Community Health, Career programs, peer groups, tutoring, counseling groups, and more.

Eligibility: Ages 14 to 21, open 11am-8pm daily.

Youth Organizing Internships

Interns participate in leadership training, explore issues in their communities, develop community organizing skills, and coordinate events to educate their peers. Interns also receive the holistic support services and trainings provided by the other departments at RYSE, and receive academic and career goal setting support. Interns work 8-10 hours per week and receive a \$200 monthly stipend.

Richmond Youth Organizing Team (RYOT)

For youth interested in organizing and changing policies that negatively affect our communities. Work with a group of peers to create a safe, healthy, and youth-friendly Richmond. Weekly meetings at RYSE (5-7 pm on Tues, Wed, Fri). Identity Group meetings on Thursdays.

School Campaign Leaders (SCL)

For youth interested in supporting young voter registration. Work with a group of peers to register young people and collaborate with the community around voter engagement. Weekly meetings at RYSE or on-campus. Meetings consist of voter education and trainings, one-on-one check-ins, and campus outreach.

Eligibility: Ages 13-21. Online application process over the summer.

West CC Public Education Fund

P2S (Pathways to Success)

3-week summer bridge program sponsored by the City of San Pablo. This program offers 30 Helms Middle School students who are entering Richmond High the opportunity to familiarize themselves with campus, freshman year course work, and college resources.

Eligibility: 30 Helms Middle School students who are entering Richmond High.

YMCA

Hilltop YMCA (Richmond), Pleasant Hill YMCA

Health and fitness, afterschool programs, summer camps, Headstart, Early Headstart, counseling, enrichment activities.

Eligibility: Membership required for gym access, school/community based childcare and enrichment (see website for locations).

YWCA

Contra Costa County/Sacramento.

Dedicated to empowering women and families from diverse backgrounds, the services will build self-worth and social and emotional health on a foundation of tolerance and social equity. Workshops and support groups for women and girls offered at Antioch, Bay Point, Martinez, Richmond and Sacramento.

Eligibility: Program specific. Spanish and English available.



Contact Information

Contact Information

ORGANIZATION	PROGRAM	ADDRESS / PHONE / EMAIL	WEBSITE
America's College Fund for Foster Youth	Foster Care to Success Scholarship Program		http://orphan.org/index.php
Assistance League of Diablo Valley	Foster Youth Scholarships and Supplies	2711 Buena Vista Ave. Walnut Creek, CA 94597 (925) 934-0906 aldv@sbcglobal.net	https://www.assistanceleague.org/diablo-valley/
Bay Area Addiction Research and Treatment (BAART)	Antioch	3707 Sunset Lane Antioch, CA 94509 Phone: (925) 522-0124 Fax: (925) 522-0133 Monday-Friday: 6am-2pm Saturday-Sunday: 7-10:30am Holidays: 7-10:30am	https://baartprograms.com/baart-antioch/
	Richmond	1313 Cutting Blvd. Richmond, CA 94804 Phone: (510) 232.0874 Fax: (510) 232-8652 Monday – Friday: 6am-2pm Saturday – Sunday: 7-10am Holidays: 7-9am	https://baartprograms.com/baart-richmond/
Bay Area Community Resources (BACR)	West County First Five Center	2707 Dover Ave, San Pablo, CA, 94806 (510) 232-5650 Satellite Site: 317 11th St., Richmond CA 94801 Classes are also held at local community centers in Richmond, including The Nevin Center and The Dr. Martin Luther King, Jr. Community Center. Outreach programs are offered at local housing complexes as a part of the Hand to Hand Home Visiting Collaborative.	http://www.first5coco.org/
	Hand to Hand Home Visiting Collaborative	(510) 418-7152	http://www.first5coco.org/funded-programs/home-visiting/
	CoCoLeadPlus	Delores Williams, CBS Coordinator	https://www.bacr.org/what-we-do/alcohol-drug/36-programs/alcohol-drug-programs/262-cognitive-behavioral-services-cbs-cocolead-plus
	East-Bay School Based Counseling	Keith Burrell, Clinical Director	https://www.bacr.org/what-we-do/mental-health/38-programs/mental-health-programs/15-east-bay-school-based-counseling
	Gateway Services	13201 San Pablo Ave. #206 San Pablo, CA 94806 (510) 235-2887 Ronald Martin, Program Coordinator	https://www.bacr.org/what-we-do/alcohol-drug/36-programs/alcohol-drug-programs/68-gateway-adult-alcohol-drug-treatment-services
	Thunder Road (Outpatient or Residential)	Thunder Road: (510) 653-5040 BACS Main Office Phone:(510) 613-0330 Fax: (510) 569-4589 bacs@bayareacs.org For urgent support, please contact: Daniel Cooperman, Director of Programs (510) 499-0365 Jovan Yglecias, Director of Programs (510) 915-7662	http://www.bayareacs.org/thunder-road/
Bay Area Creative			http://bayareacreative.org/
Bay Area Crisis Nursery	General and Respite Care	1506 Mendocino Dr., Concord (925) 685-8052	www.bacn.info
Bay Area Legal Aid	General	1025 MacDonald Ave. Richmond, CA West Contra Costa County: (510) 250-5270 East Contra Costa County: (925) 219-3325 Legal Advice Line: (800) 551-5554 Main line: (510) 663-4755	baylegal.org
Bay Area Rescue Mission	Emergency Shelter	Administrative Offices: 2114 Macdonald Ave, Richmond, CA 94801 510-215-4887 Men's Center: 200 Macdonald Ave, Richmond, CA. (510) 215-4868 Center for Women & Children: 224 Macdonald Ave, Richmond, CA. (510) 215-4860	http://www.bayarearescue.org/
	Transitional Living	Please see the Administrative Offices address above.	https://www.bayarearescue.org/what-we-do/transitional-living

Contact Information

ORGANIZATION	PROGRAM	ADDRESS / PHONE / EMAIL	WEBSITE
	Youth Outreach	Please see the Administrative Offices address above.	https://www.bayarearescue.org/what-we-do/youth-outreach
	Mobile Outreach	Johnny Austin (510) 215-4868 JohnnyA@BayAreaRescue.org	https://www.bayarearescue.org/what-we-do/mobile-outreach
	Discipleship programs	Administrative Offices Alma Calton Educational Center & David and Astrid Flagg Center 2112 Macdonald Avenue Richmond, CA 94801 (510) 215-4552	http://www.bayarearescue.org/
Beyond Emancipation (B:E)		675 Hegenberger Road, Suite 100 Oakland, CA 94621 Phone: (510) 667-7694 Fax: (510) 667-7642	beyondemancipation.org
Boys and Girls Club	Boys & Girls Club of El Sobrante West Contra Costa Salesian Boys & Girls Club, Inc.	4660 Appian Way, El Sobrante, CA 94803-1859 (510) 223-5253 2801 Moran Ave, Richmond, CA 94804-1015 (510) 215-4648	http://www.bgcelsovrante.org http://www.wccsbgc.org
Brighter Beginnings	Family Health Clinics	Brighter Beginnings Antioch Buchanan Center 2213 Buchanan Rd, Suite 103, Antioch 94509 (Plaza Linda) Hours: Monday – Friday, 9:30am-12:30 pm and 1:30-4:30pm Brighter Beginnings Richmond Macdonald Center 2727 Macdonald Ave, Richmond 94804 (at the corner of 28th street) Hours: Monday-Friday, 8:30am-5pm Lesley Sternin, Director of Child Development and Mental Health Services (510) 903-7513 lsterin@brighter-beginnings.org Teen Parenting Support: Richmond Center: (510) 236-6990 Antioch Center: (925) 303-4340 Toll Free: (877) 427-7134	http://www.brighter-beginnings.org/what-we-do/teen-family-support
CalWORKS	California Work Opportunity & Responsibility to Kids	1305 Macdonald Ave, Richmond, CA (510) 412-1900 151 Linus Pauling Dr., Hercules, CA (510) 262-7700	http://www.cdss.ca.gov/calworks
California Youth Connection (CYC)		Bay Area Regional Coordinator kate@calyouthconn.org	calyouthconn.org
Catholic Charities	Immigration Legal Services and Path 2 Program	Richmond Office/Service Center: 217 Harbour Way Richmond, CA Phone: (510) 234-5110 Consultation Hours: Tuesdays 1-4pm Concord Office/Service Center: 3540 Chestnut Avenue Concord, CA Phone: (925) 825-3099 Consultation Hours: Wednesdays 1:30-4:30pm	http://www.cceb.org/our-services/immigration-legal-services/ http://www.cceb.org/our-services/path-two/
Community Violence Solutions	Formerly Rape Crisis	2101 Van Ness St, San Pablo, CA General: (510) 237-0113 Crisis line: 1-800-670-7273	www.cvsolutions.org www.TeenCVS.org
Contra Costa Behavioral Health Services	Alcohol and Other Drug Services	Must be referred through the Behavioral Health Access Line which provides screenings for treatment & referrals information to the general public. (800) 846-1652 (Call Toll Free) (925) 335-3310 (Other Counties) (English and Spanish)	https://cchealth.org/aod/
Contra Costa College	Early Learning Center (childcare)	Early Learning Center Building (510) 215-4885	https://www.contracosta.edu/student-services/early-learning-center/
	Wellness	(510) 215-3960 WellnessCCC@email.4cd.edu	

Contact Information

ORGANIZATION	PROGRAM	ADDRESS / PHONE / EMAIL	WEBSITE
	Tutoring	Library and Learning Resource Center, Room 121 (510) 215-4898. Anytime tutor assistance: tutoring@contracosta.edu include: Full name, Student ID number, Class & section number.	https://www.contracosta.edu/classes/tutoring/
	Foster Youth Services	Student Services Center, Room 106 (510) 215-3949 George Mills, Foster Youth Liaison (510) 215-3903 GMills@contracosta.edu	https://www.contracosta.edu/student-services/eops-care/foster-youth/
	Foster/Kinship Care Education Program	Intisar Shareef Phone: (510) 235-7800 x 4603 Fax: (510) 232-8030 ishareef@contracosta.edu	https://www.dvc.edu/academics/departments/early-childhood-education/pdfs/Foster-Kinship.pdf
Contra Costa Crisis Center	211 Info and Referral	211 Information and Referral calls and texts: 211 or text HOPE to 20121 After hours calls and texts to our county's Child and Adult Protective Services Local calls and to the National Suicide Prevention Lifeline: 800-273-TALK and 800-SUICIDE Calls to the Lifeline's Spanish-speaking suicide hotline: 888-628-9454	https://www.crisis-center.org/
	Grief Counseling Program	800-837-1818 or 211 and ask to be referred to the Grief Counseling Program	https://www.crisis-center.org/grief-counseling-resources/ https://www.crisis-center.org/on-site-response/
	Help Me Grow	211 and ask to speak to Help Me Grow specialist	https://www.crisis-center.org/programs/help-me-grow/
Contra Costa Health Services		Antioch Health Center Bay Point Family Health Center Brentwood Health Center Concord Health Center Concord Public Health Clinic Willow Pass Wellness Center George & Cynthia Miller Wellness Center (Martinez) Martinez Health Center Pittsburg Health Center North Richmond Center for Health West County Health Center (San Pablo)	https://cchealth.org/centers-clinics/

Contact Information

ORGANIZATION	PROGRAM	ADDRESS / PHONE / EMAIL	WEBSITE
	Behavioral Health Services	<p>Mental Health Administration 1340 Arnold Drive, Suite 200 Martinez, CA 94553 Phone: (925) 957-5150 Fax: (925) 957-5156 24/7 Mental Health Access: 1-888-678-7277</p> <p>East County Adult Mental Health Services 2311 Loveridge Rd., 2nd Floor Pittsburg, CA 94565 (925) 431-2600</p> <p>East County Children's Behavioral Health 2335 Country Hills Dr. Antioch, CA 94509 (925) 608-8700</p> <p>West County Adult Mental Health Services 2523 El Portal Dr. #103 San Pablo, CA 94806 (510) 215-3700</p> <p>West County Children's Mental Health Services 303 41st St. Richmond, CA 94805 (510) 374-3261</p> <p>Central County Adult Mental Health Services 1420 Willow Pass Rd. #200 Concord, CA 94520 (925) 646-5480</p> <p>Central County Children's Mental Health 2425 Bisso Lane #200 Concord, CA 94520 (925) 646-5468</p> <p>Older Adult Mental Health 2425 Bisso Lane #100 Concord, CA 94520 (925) 521-5620 phyllis.mace@hsd.cccounty.us.</p> <p>1034 Oak Grove Rd., Concord, CA 94518 Phone: (925) 681-4450. Fax: (925) 646-5365 phyllis.mace@hsd.cccounty.us.</p>	<p>https://cchealth.org/mentalhealth/ http://www.firsthopeccc.org/</p>
Contra Costa Independent Living Skills Program (a division of Child and Family Services)	Discovery Unit	(925) 602-9288	www.cocoilsp.org
	ILSP	<p>1875 Arnold Dr., Suite 200 Martinez, CA 94553 (866) 994-4577 Don Graves, Program Coordinator 925-957-2404 dgraves@ehsd.cccounty.us</p> <p>Timothy Hamp, Assistant Program Coordinator, Transitional Housing 925-957-2403 hamppt@ehsd.cccounty.us</p> <p>Services and Workshop Hours by Location: Central County: ILSP headquarters, Martinez (Tuesdays 5:30-7:30pm) East County: Los Medanos Community College, Classroom PS 14-16 (Wednesdays 5-7pm) West County: CCC EHSD Office Cafeteria, 1275 A Hall Ave - door on Marina Way (Wednesdays 5:30-7:30pm)</p>	www.cocoilsp.org
Contra Costa Youth Crisis Line	800-833-2900	(800) 833-2900	

Contact Information

ORGANIZATION	PROGRAM	ADDRESS / PHONE / EMAIL	WEBSITE
Covenant House	YEAH! Youth Engagement, Advocacy and Housing (Youth Emergency Assistance Hostel)	1744 University Ave Berkeley, CA 94703 (510) 704-9867 admin@yeahberkeley.org	http://www.yeah-berkeley.org/index.php
Crestwood	Bridge Program	550 Patterson Boulevard Pleasant Hill, CA 94523 (925) 938-8050 tcurran@cbhi.net Referral Clinics: East County Adult Mental Health: (925) 431-2600 Central County Adult Mental Health: (925) 646-5480 West County Adult Mental Health: (510) 215-3700	https://crestwoodbehavioralhealth.com/location/pleasant-hill/
	Pathway Program	550 Patterson Boulevard Pleasant Hill, CA 94523 (925) 938-8050 tcurran@cbhi.net	https://crestwoodbehavioralhealth.com/location/pleasant-hill/
CSU East Bay Concord	Student Center for Academic Achievement		http://scaa.csueastbay.edu/
	Pioneers for HOPE (Helping Our Pioneers Excel)	(510) 885-HOPE (4673) hope@csueastbay.edu Darice Ingram, Interim Program Coordinator (510) 885-4840 darice.ingram@csueastbay.edu	http://www.csueastbay.edu/hope/
	Renaissance Scholars Program	renaissance@csueastbay.edu Dr. Lael Adediji, Ed.D., Program Coordinator (510) 885-4426 Lael.Adediji@csueastbay.edu (510) 885-4426	http://www.csueastbay.edu/renaissance/
Department of Rehabilitation (DOR)		Greater East Bay District (210-00) 1485 Civic Court, Suite 1100 Concord, CA 94520-5228 (925) 602-3953 (Voice) (844) 729-2800 (TTY) Richmond (210-02) 1003 W. Cutting Blvd., Suite 100 Richmond, CA 94804-2053 (510) 232-7062 (Voice) (844) 729-2800 (TTY) Antioch (210-01) 3656 Delta Fair Boulevard Antioch, CA 94509-4006 (925) 754-7700 (Voice)	Request for Services: http://www.dor.ca.gov/Services-to-Youth/DR203-DOR-Student-Services-Request.pdf
Diablo Valley College	FYSI (Foster Youth Success Initiative) and START (Student Transition and Academic Retention Team)	Office location: SSC 127 Mercedes Lezama (925) 969-2203 mlezama@dvc.edu Phoebe Keesey, Program Coordinator/Financial Aid (925) 969-2124 pkeesey@dvc.edu NaTisha Hutson, Minority Student Retention, EOPS Coordinator 925-969-2129 nhutson@dvc.edu Valerie Carey, Counseling/EOPS/START (925) 969-2218 vcarey@dvc.edu Nicole Gomes, Adult Ed Transition Specialist 925-969-2217 ngomes@dvc.edu	https://www.dvc.edu/student-services/foster-youth/program.html

Contact Information

ORGANIZATION	PROGRAM	ADDRESS / PHONE / EMAIL	WEBSITE
	Wellness	Pleasant Hill: (925) 969-2048 San Ramon: (925) 551-6204 WellnessDVC@email4cd.edu	https://www.dvc.edu/enrollment/counseling/index.html
	Foster/Kinship Care Education Program	Jennifer Blackman (925) 969-2417 jblackman@dvc.edu	https://www.dvc.edu/academics/departments/early-childhood-education/pdfs/Foster-Kinship.pdf
East Bay Center for Performing Arts		339 11th Street Richmond, CA 94801-3105 Phone: (510) 234-5624 Fax: (510) 234-8206 info@eastbaycenter.org	http://www.eastbaycenter.org/
East Bay Works		2300 El Portal Dr., Suite B, San Pablo (510) 412-6740 330 25th St, Richmond (510) 307-8014	http://dev.eastbayworks.com/locations/
Employment and Human Services Department (EHSD)	Appian House	Contact via Bissel or ILSP	https://ehsd.org/children/independent-living-skills-program-about-us/county-homeless-program/appian-house/
	Bissell Cottages	Located in Richmond (510) 234-2787	https://ehsd.org/children/independent-living-skills-program-about-us/county-homeless-program/bissell-cottages/
Environmental Alternatives		3200 Clayton Road Concord, CA 94519 OCA# 075390004 Administrative Office: 455 W. Main St. PO Box 3940 Quincy, CA 95971 (530) 283-3330 1-800-655-8350	http://www.ea.org/youth-adult-services/transitional-housing
Familias Unidas	Main Office	205 39th Street Richmond, CA 94805 Phone: (510) 412-5930 Fax: (510) 412-0567 imedina@familias-unidas.org	http://www.familias-unidas.org/index.htm
First 5		(925) 771-7300 1485 Civic Court, Suite 1200 Concord, CA 94520	http://www.first5coco.org/
Foster a Dream	Achieve, Believe, and Dream programs	628 Escobar St. Martinez, CA 94553 Phone: (925) 228-0200 Fax: (925) 228-0202 info@voa-ncnn.org	http://fosteradream.org/
Foster Club	All-Star Internship Program		fosterclub.com
Fred Finch Youth Center		Contra Costa Transition Aged Youth 2523 El Portal Drive, Suite 201 San Pablo, CA 94806 Emily Schramm (510) 773-7636 emilyschramm@fredfinch.org East Bay Wrap Amy Greenberg, MFT, Program Director (510) 482-2244 New Yosemite Mar Smith, LCSW, Senior Director (510) 482-2244 x5254	https://www.fredfinch.org/
Gender Spectrum		1 Camino Sobrante, Suite 216, Orinda, CA (877) 809-4159 (925) 254-3907	www.genderspectrum.org
Girls Inc. of West CCC		260 Broadway Richmond, CA 94804 (510) 232-5440 Tiffany Harris, Executive Director (510) 215-1110	http://www.girlsinc-wcc.org/

Contact Information

ORGANIZATION	PROGRAM	ADDRESS / PHONE / EMAIL	WEBSITE
Greater Richmond Inter-Faith Program (GRIP)			http://www.gripcares.org/
Honoring Emancipated Youth (HEY!) & TAYSF	HEY SF	United Way of the Bay Area 221 Main Street, Suite 300 San Francisco, CA 94105 (415) 808-4284	http://www.hey.org/
iFoster	TAY resources and jobs program	(855) 936-7837 support@ifoster.org	https://www.ifoster.org/
Ivy league connection	Ivy League Connection		http://ivyleagueconnection.org/
JR's North Star Inc	Residential Treatment	(510) 233-4912	http://jrsnorthstarinc.org/
Juma Ventures		Headquarters: 131 Steuart St, Ste. 201, San Francisco (415) 371-0727 x315 noahh@juma.org (SF contact, national director) Oakland office: 675 Hegenberger Road, Suite 255 Oakland, CA 94621 brandont@juma.org (Oakland contact)	www.jumaventures.org
Kinship Care Program		(510) 741-3100 call for location nearby	https://ehsd.org/children/kinship-care/
La Cheim		General: (510) 223-4236 Frances Raeside, Community Mental Health Program Director (510) 596-8129	http://www.lacheim.org/
Lao Family Community Development		1865 Rumrill Blvd. Ste. B. San Pablo, CA 94806 Phone: (510) 215-1220 Fax: (510) 215-1516	http://www.lfcd.org/contact-us/
Larkin Street Youth Services	Diamond Youth Shelter	869 Ellis Street, San Francisco, CA. (800) 477-8223	https://larkinstreetyouth.org/get-help/
	Lark-Inn Youth Shelter	536 Central Avenue, San Francisco, CA (800) 669-6196	https://larkinstreetyouth.org/get-help/
	Engagement and Community Center	134 Golden Gate Ave, San Francisco, CA (415) 637-0911 ext. 200	https://larkinstreetyouth.org/get-help/
	Haight Street Referral Center	1317 Height Street, San Francisco, CA (415) 673-0911 ext. 470	https://larkinstreetyouth.org/get-help/
	The Michael Baxter Youth Clinic	134 Golden Gate Ave, San Francisco, CA (415) 637-0911 ext. 259	https://larkinstreetyouth.org/get-help/
	Supportive Housing program	See drop-in center contact information	https://larkinstreetyouth.org/get-help/
	Larkin Street Academy	134 Golden Gate Ave, San Francisco, CA (415) 637-0911	https://larkinstreetyouth.org/get-help/
Law Foundation of Silicon Valley	Legal Advocates for Children and Youth	152 North Third Street, 3rd Floor San Jose, CA 95112 Intake Line: (408) 280-2416	http://www.lawfoundation.org/legal-advocates-for-children-youth-lacy
Los Medanos College	Foster Youth Success Team	Pittsburg Campus: Student Services Center, Upper Level, SS4-400 Brentwood Center: Check in at front office area T'Sendenia Gage, Foster Youth Program Coordinator (925) 473-7420 tgage@losmedanos.edu lmcbravoteam@losmedanos.edu	http://www.losmedanos.edu/fosteryouth/index.aspx
	Wellness	Pittsburg: (925) 473-7449 Brentwood: (925) 473-7459 WellnessLMC@email4cd.edu	http://www.losmedanos.edu/counseling/wellness.aspx
	Center for Academic Support	College Complex Core Rm CO3-300 (925) 473-7590 Sandra Mills, Coordinator (925) 473-7591	http://www.losmedanos.edu/tutoring/ http://www.losmedanos.edu/core/

Contact Information

ORGANIZATION	PROGRAM	ADDRESS / PHONE / EMAIL	WEBSITE
	Food Pantry	SS3-817 (by Cafeteria and Veteran's Center) (925) 473-7758 John Nguyen (925) 473-7553 knguyen@losmedanos.edu	http://www.losmedanos.edu/foodpantry/index.aspx
	Childcare	Kathryn Nielsen, Manager and Director, Child Study Center (925) 473-7628 knielsen@losmedanos.edu	http://www.losmedanos.edu/childcare/
	Foster/Kinship Care Education Program	Sarah Seers, Manager sarahjseers@gmail.com, sseers@losmedanos.edu Phone: (925) 439 2181 x3328 Fax: (925) 439-3675	https://www.dvc.edu/academics/departments/early-childhood-education/pdfs/Foster-Kinship.pdf
Lutheran Social Service	Mi Casa	Jamal Mitchell at jmitchell@lssnorcal.org	https://cocoilsp.org/lutheran-social-service/
Lyric		127 Collingwood Street San Francisco, CA 94114 Phone: (415) 703-6150 Fax: (415) 703-6153 lyricinfo@lyric.org	http://lyric.org/
NAMI (National Alliance on Mental Illness)	NAMI Contra Costa County	CCC Headquarters: 550 Patterson Blvd, Pleasant Hill, CA 94523 (925) 942-0767	http://www.namicontracosta.org/
Next Steps Collaborative	Alameda County THP+FC (18-21) and THP+ (21-25)	Beyond Emancipation Host Housing: (510) 667-7733 Community Housing: (510) 667-7736 First Place for Youth 426 17th St., Suite 100, Oakland, CA (510) 272-0979 Abode Services Project Independence 1065 A St., Hayward, CA (510) 270-1150 Rising Oaks (Fred Finch) 3800 Coolidge Avenue, Oakland, CA (510) 482-2244 A Better Way 3200 Adeline St., Berkeley, CA (510) 601-0203 x305 Side By Side-formerly BAYC 22245 Main St., Suite 200, Hayward, CA (510) 830-3630	beyondemancipation.org firstplaceforyouth.org abodeservices.org fredfinch.org abetterwayinc.net sidebysideyouth.org
Opportunity Junction		3102 Delta Fair Blvd., Antioch, CA 94509 (925) 776-1133 Office Hours: Mondays through Thursdays: 8:30am-9pm Fridays: 8:30am-5pm	https://www.opportunityjunction.org/
Pacific Center		2712 Telegraph Ave, Berkeley (510) 548-8283 Jared Fields, Youth Program Manager (510) 548-8283 x221 jfields@pacificcenter.org	www.pacificcenter.org
Phillips Academy	Non-Public School	1910 Central Avenue Alameda, CA 94501 Phone: (510) 769-7100 Fax: (510) 769-1824	https://www.thePhillipsAcademy.org/
Rainbow Community Center	Youth Programs	2118 Willow Pass Rd #500, Concord, CA 94520 Youth Group: Every Tuesday and Thursday 4-6pm	https://www.rainbowcc.org/

Contact Information

ORGANIZATION	PROGRAM	ADDRESS / PHONE / EMAIL	WEBSITE
REACH Project		<p>Main Office (Antioch) 1915 D Street Antioch, CA 94509 (925) 754-3673 (866) 720-3784</p> <p>Brentwood Office: 101 Sand Creek Road, Suite B Brentwood, CA 94513 (925) 666-8460</p>	https://www.antiochca.gov/police/reach-project/
Richmond Art Center		<p>2540 Barrett Avenue Richmond, California 94804 (510) 620-6772 Office Hours: Tue – Sat, 10am-5pm</p>	http://richmondartcenter.org/
Richmond Native American Health Center	Community Wellness	<p>566 Macdonald Avenue Richmond, CA 94804 (510) 232-7020</p>	https://www.nativehealth.org/content/richmond-native-wellness-center
Richmond Promise		<p>(510) 761-7231 info@richmondpromise.org.</p>	https://richmondpromise.org/
RichmondWORKS		<p>330 25th Street Richmond, CA 94804 General: (510) 307-8014 Sal Vaca, Director svaca@richmondworks.org</p> <p>Youth Works: (510) 412-2044 Richmond Build: (510) 621-178</p>	<p>http://www.ci.richmond.ca.us/662/YouthWORKS http://www.ci.richmond.ca.us/1243/RichmondBUILD</p>
Rubicon		<p>Richmond Administrative Office 2500 Bissell Avenue, Richmond, CA 94804 (510) 235-1516</p> <p>Rubicon Richmond 101 Broadway, Richmond, CA 94804 (510) 412-1725</p> <p>Reentry Success Center 912 Macdonald Avenue, Richmond, CA 9480 (510) 679-2122</p> <p>Rubicon Antioch 418 West 4th Street, Antioch, CA 94509 (925) 399-8990</p>	http://rubiconprograms.org/
RYSE	Community Center	<p>205 41st St, Richmond, CA (510) 374-3401</p>	<p>www.rysecenter.org https://rysecenter.org/education-justice https://rysecenter.org/health-wellness https://rysecenter.org/media-arts-culture</p>
	Youth Organizing Internships Richmond Youth Organizing Team (RYOT) School Campaign Leaders (SCL)	<p>Diana Diaz (510) 837-5499 diana@rysecenter.org</p> <p>Carlos Lemus (510) 932-6489 carlos@rysecenter.org</p>	https://rysecenter.org/youth-organizing
San Pablo Economic Development Corporation		<p>13830 San Pablo Ave, Suite D San Pablo, CA 94806 510-215-3200 info@sanpabloedc.org</p>	http://sanpabloedc.org/
Scholarships for Foster Kids	Online scholarship resource	(510) 215-3200	collegescholarships.org/scholarships/foster.htm
Spark Point	Financial Literacy services	<p>1000-C Macdonald Ave. Richmond 94801 (510) 779-3200 sparkpoint@richmondcf.org</p> <p>Terrance Cheung (510) 374-3231</p>	sparkpointcenters.org/sparkpoint-west-contra-costa-richmond

Contact Information

ORGANIZATION	PROGRAM	ADDRESS / PHONE / EMAIL	WEBSITE
STAND!		<p>24-Hour, Toll-Free Crisis Line: 1-888-215-5555 Fax: (925) 676-0274 crisisline@standffov.org</p> <p>Central County Administrative Offices: 1410 Danzig Plaza Concord, CA 94520 (925) 676-2845 info@standffov.org</p> <p>West County: 3220 Blume Drive Richmond, CA 94806 (510) 236-8972</p> <p>East County: 315 G Street Antioch, CA 94509 (925) 706-8477</p>	http://www.standffov.org/
Stride Center		<p>2300 El Portal Drive Suite C San Pablo, CA 94806 (510) 234-1300 x105</p> <p>Enrollment Team: Jannette Estrada Call (510) 269-2442 or text (510) 512-3822 jannette@stridecenter.org</p> <p>Justin Scroggins (510) 978-4326 justin@stridecenter.org</p>	<p>General: http://www.stridecenter.org/ Enrollment Checklist: https://drive.google.com/file/d/0B_Rw3kXzKi0tZEidib05vT0JVNGM/view</p>
Trinity Center	Wellness Assistance Program	<p>Mailing Address: 1924 Trinity Avenue, Walnut Creek, CA 94596</p> <p>Temporary Address: 1271 S. California Blvd., Walnut Creek (925) 949-8712 info@trinitycenterwc.org</p>	http://trinitycenterwc.org/
Uplift	Transitional Housing Program (THP)	(925) 602-1750	upliftfs.org
Vestia	Volunteer and Emergency Service Team in Action; Foster Youth Scholarships		https://vestiainc.org/
West Contra Costa Public Education Fund	P2S (pathways to success)	217C W Richmond Ave Richmond, CA 94801	https://edfundwest.org/
YMCA	Hilltop YMCA (Richmond) Pleasant Hill YMCA	4300 Lakeside Drive, Richmond, CA 94806 350 Civic Drive, Pleasant Hill, CA 94523	<p>https://www.ymcarichmond.org/ https://ymcaeastbay.org/locations/irvin-deutscher-ymca</p>

Contact Information

ORGANIZATION	PROGRAM	ADDRESS / PHONE / EMAIL	WEBSITE
YWCA Contra Costa County/ Sacramento.	General	<p>Administrative Office: 1320 Arnold Avenue, #170, Martinez, CA 94553 (925) 372-4213 Fax: (925) 372-4216 info@ywcacccc.org Monday – Thursday, 8am-4:30pm, Closed: 12-12:30pm</p> <p>Antioch: Mary Rocha Center 931 Cavallo Road, Antioch, CA 94509 (925) 778-6234 Monday-Friday: 7:30am-5:30pm</p> <p>Bay Point: 225 Pacifica Avenue, Bay Point, CA 94565 (925) 458-8189 Monday – Friday: 7:30am-5:30pm (3 year old classroom); 8am-5pm (2 year old classroom)</p> <p>Delta: 605 Pacifica Avenue, Bay Point, CA 94565 (925) 458-8183 Monday – Friday: 8am-5pm</p> <p>Martinez: 510 Glacier Drive, Martinez, CA 94553 (925) 229-5659 Monday – Friday: 7:15am-5:30pm</p> <p>Oakley: 1050 Neroly Road, Oakley, CA 94561 Phone: (925) 625-5181 Monday – Friday: 8am-5pm</p> <p>Richmond: 3230 Macdonald Avenue, Richmond, CA 94804 Phone: (510) 234-1270 Monday – Friday: 8am -5pm</p>	https://ywcacccc.org/
	Mental Health Services	(925) 372-4213 x116 or stop by the Martinez or Antioch site	https://ywcacccc.org/services/mental-health-programs/
	Childcare	<p>Freedom (Oakley): 1050 Neroly Road (3 hour and all day programs)</p> <p>Mary Rocha (Antioch): 931 Cavallo Road (3 hour, all day and toddler programs)</p> <p>Bay Point: 225 Pacifica Avenue (all day and toddler programs)</p> <p>Delta (Bay Point): 605 Pacifica Avenue (3 hour and all day programs)</p> <p>Richmond: 3230 Macdonald Avenue (all day and toddler programs)</p>	https://ywcacccc.org/childcare/
YOUTH (Youth Offering Unique Tangible Help)	Y.O.U.T.H. Training Project (YTP)	(415) 442-5060	youthtrainingproject.org
Youth Homes	Residential Treatment	<p>Youth Homes, Inc. 3480 Buskirk Ave, Suite 210, Pleasant Hill, CA 94523</p> <p>PO Box 5759, Walnut Creek, CA 94596-1759 Phone: (925) 933-2627 Fax: (925) 933-5824</p>	https://www.youthhomes.org/residential-treatment/
Youth Law Center	General	<p>832 Folsom Street, Suite 700 San Francisco, CA 94107 Phone: (415) 543-3379 Fax: (415) 956-9022 info@ylc.org</p> <p>Selina Weiss, General Inquiries Contact (415) 543-3379 sweiss@ylc.org</p>	http://www.ylc.org/

National Center for Youth Law Contra Costa County Contact Information

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