

## Trauma-Informed School Models

### Helping Traumatized Children Learn

Resources, tools, and an online learning community for becoming a trauma-sensitive school.

<https://traumasensitiveschools.org>

### University of Maryland Positive School Center

Includes a framework, resources, and professional development for trauma-responsive schools.

<http://www.ssw.umaryland.edu/positiveschools/>

### Washington State's Office of Superintendent of Public Instruction Compassionate Schools

Provides training, guidance, referral, and technical assistance to schools wishing to adopt a Compassionate Schools Infrastructure.

<http://www.k12.wa.us/compassionateschools/pubdocs/theheartoflearningandteaching.pdf>

### UCSF Healthy Environments and Response to Trauma in Schools HEARTS

Dorado JS, Martinez M, McArthur LE, Leibovitz T. (2016). Healthy Environments and Response to Trauma in Schools (HEARTS): A whole-school, multi-level, prevention and intervention program for creating trauma-informed, safe and supportive schools. *School Mental Health*, 8:163-176.

### University of Washington CLEAR

Collaborative Learning for Educational Achievement and Resilience (CLEAR) partners with education systems to create and sustain trauma-informed models of practice through staff development, consultation, and support.

<http://ext100.wsu.edu/clear/about/>

### Sanctuary Model

The Sanctuary Model® represents whole culture approach that has a clear and structured methodology for creating or changing an organizational culture.

<http://sanctuaryweb.com/Home.aspx>

### Wisconsin Department of Public Instruction

Provides a model and resources for creating trauma-sensitive schools.

<http://dpi.wi.gov/sppw/mental-health/trauma>

### Policy Issues in Implementing Trauma-Informed Schools

This webinar explores policy challenges and lessons learned in supporting trauma-informed schools.

<http://learn.nctsn.org/course/view.php?id=450>

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## Trauma Science & Principles

### **National Child Traumatic Stress Network**

[www.nctsn.org](http://www.nctsn.org)

### **Harvard's Center on the Developing Child**

<http://developingchild.harvard.edu/about/>

### **Childhood Trauma Changing Minds**

<https://changingmindsnow.org>

## Race & Trauma

### **Healing Works**

National learning collaborative for people working with young men of color impacted by violence and trauma.

<http://www.healingworks.org>

### **How to Talk Effectively about Race**

Article and presentation by Dr. Kenneth Hardy on how to talk about race.

<http://www.socialwork.career/2015/09/race-matters-how-to-talk-effectively-about-race.html>

### **Dr. Kenneth Hardy Presentation at RYSE September 2016**

[Healing White Privilege Healing Racial Trauma with Dr. Ken Hardy](#)

### **Reflections on Cultural Humility**

<https://www.youtube.com/watch?v=SaSHLbS1V4w>

<http://www.apa.org/pi/families/resources/newsletter/2013/08/cultural-humility.aspx>

<http://melanietervalon.com/resources/>

## School-Based, Trauma-Specific Mental Health Interventions

### **National Child Traumatic Stress Network Treatments That Work**

<http://www.nctsn.org/resources/topics/treatments-that-work/promising-practices>

### **SAMHSA's National Registry of Evidence-Based Programs and Practices (NREPP)**

<http://www.samhsa.gov/data/evidence-based-programs-nrepp>

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## Trauma Screening & Assessment

### **The Medical Home Approach to Identifying and Responding to Exposure to Trauma**

American Academy of Pediatrics. (2014). [https://www.aap.org/en-us/Documents/ttb\\_medicalhomeapproach.pdf](https://www.aap.org/en-us/Documents/ttb_medicalhomeapproach.pdf).

### **Key Ingredients for Successful Trauma-Informed Care Implementation**

Center for Health Care Strategies, Inc. (2016). [http://www.chcs.org/media/ATC\\_whitepaper\\_040616.pdf](http://www.chcs.org/media/ATC_whitepaper_040616.pdf).

### **ACE-Q User Guide for health Professionals**

Center for Youth Wellness. (2015). <http://centerforyouthwellness.org/CYW-ACE-Q-and-User-Guide>.

### **Assessment of Complex Trauma**

National Child Traumatic Stress Network (NCTSN).

<http://www.nctsn.org/trauma-types/complex-trauma/assessment>

### **Standardized Measures to Assess Complex Trauma**

National Child Traumatic Stress Network (NCTSN).

<http://www.nctsn.org/trauma-types/complex-trauma/standardized-measures-assess-complex-trauma>.

### **Trauma-Informed Screening & Assessment**

National Child Traumatic Stress Network (NCTSN).

<http://www.nctsn.org/resources/topics/trauma-informed-screening-assessment>.

## Organizational Assessments

### **ARTIC Scale**

This is the first psychometrically valid measure of trauma-informed care (TIC) to be published in peer reviewed literature. It measures professional and paraprofessional attitudes favorable or unfavorable toward TIC.

<http://traumaticstressinstitute.org/artic-scale/>

### **Trauma Transformed**

This resource offers a summary of agency assessment tools. <http://www.t2bayarea.org/resource/grid/index.html>

### **Washington Department of Public Instruction Trauma-Sensitive School Checklist**

<http://dpi.wi.gov/sites/default/files/imce/sspw/pdf/mhtraumachecklist.pdf>

## Social Network for Individuals Supporting ACEs

### **ACEs Connection**

<http://www.acesconnection.com>

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## Data Sources

### California County Level ACEs Data

<http://www.kidsdata.org/topic/1927/aces-nsch/map#loct=3&fmt=2449&loc=127&tf=77&center=-13570116.229701,4534323.4412084&zoom=3>

### State Level ACEs Data

<http://www.childhealthdata.org/browse/allstates?q=2257>

## Books

**Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others**, Lipsky, L. v. D. (2009).

**Reaching and Teaching Children Who Hurt: Strategies for Your Classroom**, Craig, SE. (2008).

**Fostering Resilient Learners**, Souers K., and Hall P. (2016).

**Learning to Breathe**, Broderick, PC. (2013).